

Energie Cross Neukirchen

Ergebnisliste AK

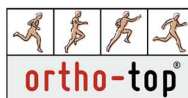


| AK-Pl. | Startnr. | Name | Jahrg. | m/w | Nat. | Team/Verein | Zeit |
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400m Cross U8 männlich

Kinder U8

| | | | | | | | |
|-----|-----|---------------------|------|---|-----|------------------------------|-------|
| 1. | 296 | Herm, Ole | 2006 | m | GER | SG Neukirchen-Hülchrath | 01:34 |
| 2. | 546 | Mock, Torben | 2007 | m | GER | LAV Bayer Uerdingen/Dormagen | 01:37 |
| 3. | 306 | Helten, Nico | 2006 | m | GER | SG Neukirchen-Hülchrath | 01:38 |
| 4. | 312 | Dicken, Maximilian | 2007 | m | GER | SG Neukirchen-Hülchrath | 01:46 |
| 5. | 22 | Strefling, Paul | 2006 | m | GER | TV Jahn Kapellen | 01:47 |
| 6. | 500 | Groß, Nils | 2006 | m | GER | SG Neukirchen-Hülchrath | 01:53 |
| 7. | 295 | Kretchmar, Anton | 2007 | m | GER | SG Neukirchen-Hülchrath | 01:54 |
| 8. | 517 | Schellenberg, Felix | 2007 | m | GER | SG Neukirchen-Hülchrath | 01:57 |
| 9. | 310 | Kloep, Nils | 2008 | m | GER | SG Neukirchen-Hülchrath | 02:06 |
| 10. | 274 | Fischer, Julian | 2007 | m | GER | FC Straberg | 02:08 |
| 11. | 314 | Griesel, Tobias | 2009 | m | GER | Kita Spatzennest Hülchrath | 02:25 |
| 12. | 218 | Greiner, Constantin | 2009 | m | GER | SG Neukirchen-Hülchrath | 03:33 |
| 13. | 313 | Dicken, Christian | 2009 | m | GER | SG Neukirchen-Hülchrath | 04:02 |



Energie Cross Neukirchen

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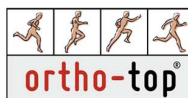


| AK-Pl. | Startnr. | Name | Jahrg. | m/w | Nat. | Team/Verein | Zeit |
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400m Cross U8 weiblich

Kinder U8

| | | | | | | | |
|-----|-----|----------------------|------|---|-----|----------------------------|-------|
| 1. | 300 | Majer, Maxima | 2006 | w | GER | SG Neukirchen-Hülchrath | 01:28 |
| 2. | 13 | Weiffen, Klara-Sofie | 2006 | w | GER | DjK Rheinkraft Neuss | 01:38 |
| 3. | 526 | Schmitz, Lara | 2006 | w | GER | TuS-Wesseling | 01:44 |
| 4. | 26 | von Ahlefeld, Sophie | 2007 | w | GER | TV Jahn Kapellen | 01:45 |
| 5. | 25 | Planker, Nele | 2006 | w | GER | TV Jahn Kapellen | 01:50 |
| 6. | 301 | Majer, Tiara | 2007 | w | GER | SG Neukirchen-Hülchrath | 01:54 |
| 7. | 298 | Kroll, Malin | 2007 | w | GER | SG Neukirchen-Hülchrath | 01:57 |
| 8. | 514 | Diels, Nina | 2007 | w | GER | SG Neukirchen-Hülchrath | 02:16 |
| 9. | 626 | Bach, Christina | 2007 | w | GER | Realschule Jüchen | 02:25 |
| 10. | 315 | Landwehr, Lotta | 2008 | w | GER | Kita Spatzennest Hülchrath | 03:04 |



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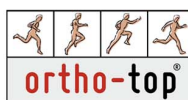
800m Cross U10 männlich

Kinder M8

| | | | | | | | |
|----|-----|-------------------|------|---|-----|-------------|-------|
| 1. | 518 | Plümacher, Viktor | 2005 | m | GER | Tusem Essen | 03:43 |
| 2. | 211 | Hannen, Christoph | 2005 | m | GER | | 04:09 |

Kinder M9

| | | | | | | | |
|----|-----|-------------------|------|---|-----|-------------------------|-------|
| 1. | 498 | Zirkel, Nino | 2004 | m | GER | LG Remscheid | 03:27 |
| 2. | 574 | Reiffenrath, Nils | 2004 | m | GER | SG Neukirchen-Hülchrath | 03:43 |
| 3. | 45 | Daniels, Justin | 2004 | m | GER | SG Neukirchen-Hülchrath | 03:46 |
| 4. | 239 | Jendges, Jason | 2004 | m | GER | Realschule Jüchen | 03:49 |



Energie Cross Neukirchen

Ergebnisliste AK



| AK-Pl. | Startnr. | Name | Jahrg. | m/w | Nat. | Team/Verein | Zeit |
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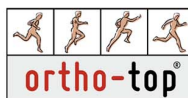
800m Cross U10 weiblich

Kinder W8

| | | | | | | | |
|----|-----|-----------------|------|---|-----|-------------------------|-------|
| 1. | 299 | Majer, Paulina | 2005 | w | GER | SG Neukirchen-Hülchrath | 03:53 |
| 2. | 303 | Neck, Katharina | 2005 | w | GER | SG Neukirchen-Hülchrath | 04:12 |
| 3. | 307 | Griesel, Leonie | 2005 | w | GER | SG Neukirchen-Hülchrath | 04:36 |
| 4. | 48 | Aldenhoff, Lara | 2005 | w | GER | FC Straberg | 04:53 |
| 5. | 46 | Müller, Marlene | 2005 | w | GER | FC Straberg | 04:58 |
| 6. | 515 | Diels, Karla | 2005 | w | GER | SG Neukirchen-Hülchrath | 05:07 |

Kinder W9

| | | | | | | | |
|----|-----|-------------------|------|---|-----|-------------------------|-------|
| 1. | 337 | Körsgen, Kemi | 2004 | w | GER | SG Neukirchen-Hülchrath | 03:49 |
| 2. | 308 | Hasberg, Leonie | 2004 | w | GER | SG Neukirchen-Hülchrath | 03:55 |
| 3. | 311 | Dicken, Katharina | 2004 | w | GER | SG Neukirchen-Hülchrath | 03:59 |
| 4. | 309 | Hasberg, Louisa | 2004 | w | GER | SG Neukirchen-Hülchrath | 04:04 |
| 5. | 381 | Laafoui, Iman | 2004 | w | GER | SFD 75 Düsseldorf | 04:18 |
| 6. | 355 | Klein, Ellen | 2004 | w | GER | SG Neukirchen-Hülchrath | 04:20 |



Energie Cross Neukirchen

Ergebnisliste AK



| AK-Pl. | Startnr. | Name | Jahrg. | m/w | Nat. | Team/Verein | Zeit |
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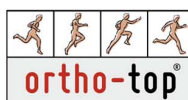
1200m Cross U12 männlich

Kinder M10

| | | | | | | | |
|----|-----|--------------------|------|---|-----|-----------------------|-------|
| 1. | 14 | Krämer, Jakob | 2003 | m | GER | VfL Engelskirchen | 05:07 |
| 2. | 293 | Klaess, Maximilian | 2003 | m | GER | LC Duisburg | 05:11 |
| 3. | 367 | Soddemann, Florian | 2003 | m | GER | TLV Germania Überruhr | 05:37 |
| 4. | 212 | Hannen, Martin | 2003 | m | GER | | 05:52 |
| 5. | 527 | Schmitz, Pascal | 2003 | m | GER | TuS-Wesseling | 07:02 |

Kinder M11

| | | | | | | | |
|----|-----|---------------------|------|---|-----|------------------------------|-------|
| 1. | 545 | Mock, Samuel | 2002 | m | GER | LAV Bayer Uerdingen/Dormagen | 04:33 |
| 2. | 288 | Wittmann, Felix | 2002 | m | GER | LSG Eschweiler | 04:46 |
| 3. | 221 | Völker, Paul | 2002 | m | GER | SuS Stadtlohn | 04:52 |
| 4. | 496 | Velten, Timon | 2002 | m | GER | LG Remscheid | 05:06 |
| 5. | 495 | Schöneweiß, Yannick | 2002 | m | GER | LG Remscheid | 05:21 |
| 6. | 27 | Kremer, Malte | 2002 | m | GER | LAZ Mönchengladbach | 05:44 |
| 7. | 16 | Müller, Marvin | 2002 | m | GER | VfL Engelskirchen | 06:07 |



Energie Cross Neukirchen

Ergebnisliste AK



| AK-Pl. | Startnr. | Name | Jahrg. | m/w | Nat. | Team/Verein | Zeit |
|--------|----------|------|--------|-----|------|-------------|------|
|--------|----------|------|--------|-----|------|-------------|------|

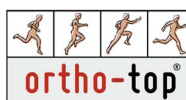
1200m Cross U12 weiblich

Kinder W10

| | | | | | | | |
|----|-----|------------------|------|---|-----|-------------------------|-------|
| 1. | 497 | Klug, Amelie | 2003 | w | GER | LG Remscheid | 05:21 |
| 2. | 32 | Raffel, Caroline | 2003 | w | GER | TV Angermund 1909 e.V. | 05:37 |
| 3. | 33 | Manns, Karla | 2003 | w | GER | TV Angermund 1909 e.V. | 05:42 |
| 4. | 302 | Neck, Franziska | 2003 | w | GER | SG Neukirchen-Hülchrath | 06:24 |

Kinder W11

| | | | | | | | |
|----|-----|-----------------------|------|---|-----|-------------|-------|
| 1. | 291 | Schulte-Wermlinghoff, | 2002 | w | GER | LG Dorsten | 04:56 |
| 2. | 205 | Hausburg, Marline | 2002 | w | GER | LC Duisburg | 05:13 |



| AK-Pl. | Startnr. | Name | Jahrg. | m/w | Nat. | Team/Verein | Zeit |
|--------|----------|------|--------|-----|------|-------------|------|
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ca. 4.200 m M/WJ U18 + U20

weibliche Jugend U18

| | | | | | | | |
|-----|-----|-------------------------|------|---|-----|---------------------|-------|
| 1. | 319 | Kammer, Sarah | 1996 | w | GER | Team NRW | 17:08 |
| 2. | 280 | Hundeborn, Inga | 1996 | w | GER | Team NRW | 17:29 |
| 3. | 281 | Fourne, Franziska | 1996 | w | GER | Team NRW | 18:04 |
| 4. | 523 | Küpper, Johanna | 1997 | w | GER | Team NRW | 18:12 |
| 5. | 581 | Hoenselaar, Luisa | 1997 | w | GER | SV Sonsbeck 1919 | 18:16 |
| 6. | 18 | Stevens, Theresa | 1997 | w | GER | KSV Kevelaer | 18:37 |
| 7. | 540 | Cronenberg, Ann-Kathrin | 1996 | w | GER | SSG Königswinter | 19:21 |
| 8. | 615 | Bexkens, Svenja | 1997 | w | GER | SFD 75 Düsseldorf | 20:08 |
| 9. | 617 | Röder, Leonie | 1997 | w | GER | SFD 75 Düsseldorf | 20:18 |
| 10. | 28 | Kremer, Jane | 1996 | w | GER | LAZ Mönchengladbach | 21:03 |
| 11. | 554 | Schwieren, Linn | 1997 | w | GER | Realschule Jüchen | 32:22 |
| 12. | 559 | Schugens, Melissa | 1997 | w | GER | Realschule Jüchen | 33:34 |

weibliche Jugend U20

| | | | | | | | |
|----|-----|-------------------|------|---|-----|-----------------------------------|-------|
| 1. | 534 | Gerdas, Christina | 1995 | w | GER | BV Garrel | 16:56 |
| 2. | 539 | Homeyer, Inka | 1995 | w | GER | SSG Königswinter | 18:01 |
| 3. | 547 | Lagemann, Doreen | 1994 | w | GER | TV Wattenscheid 01 Leichtathletik | 18:21 |
| 4. | 543 | Nordsiek, Julia | 1994 | w | GER | LAZ Mönchengladbach | 19:10 |
| 5. | 542 | Nordsiek, Sarah | 1994 | w | GER | LAZ Mönchengladbach | 20:06 |

männliche Jugend U18

| | | | | | | | |
|-----|-----|---------------------|------|---|-----|---------------------------------|-------|
| 1. | 285 | Boddenberg, Felix | 1996 | m | GER | Team NRW | 14:56 |
| 2. | 318 | Ruppert, Frederik | 1997 | m | GER | Team NRW | 15:07 |
| 3. | 256 | Valentin, David | 1997 | m | GER | Norder TV/Team Niedersachsen | 15:08 |
| 4. | 284 | Scherr, Julius | 1997 | m | GER | Team NRW | 15:17 |
| 5. | 516 | Straub, Leon | 1996 | m | GER | LG Olympia Dortmund | 15:23 |
| 6. | 607 | Schmidt, Kai | 1996 | m | GER | KSV Kevelaer | 15:37 |
| 7. | 286 | Neuens, Jan | 1997 | m | GER | Team NRW | 15:38 |
| 8. | 290 | Kohle, Jannek | 1996 | m | GER | LG Dorsten | 15:54 |
| 9. | 283 | Ingenhaag, Hendrik | 1996 | m | GER | Team NRW | 15:55 |
| 10. | 610 | von Danwitz, Lars | 1996 | m | GER | SFD 75 Düsseldorf | 15:57 |
| 11. | 368 | Barac, Valentin | 1997 | m | GER | TLV Germania Überruhr | 15:58 |
| 12. | 564 | Betting, Janek | 1997 | m | GER | LAZ Rhede | 15:59 |
| 13. | 608 | Zwiener, Lukas | 1996 | m | GER | KSV Kevelaer | 16:10 |
| 14. | 532 | Vohn, Hannes | 1997 | m | GER | DJK Jung Siegfried Herzogenrath | 16:41 |
| 15. | 245 | Heming, Lucas | 1997 | m | GER | SUS Stadtlohn | 16:49 |
| 16. | 289 | Schmitz, Niklas | 1997 | m | GER | LG Dorsten | 16:52 |
| 17. | 43 | Hartmann, Rolf | 1996 | m | GER | LC Euskirchen | 17:05 |
| 18. | 531 | Kersten, Jan | 1996 | m | GER | DJK Jung Siegfried Herzogenrath | 17:09 |
| 19. | 579 | Heymanns, Christoph | 1996 | m | GER | SV Sonsbeck 1919 | 17:12 |
| 20. | 10 | Noé, Micha | 1997 | m | GER | LC Euskirchen | 17:27 |
| 21. | 287 | Blindell, Leon | 1997 | m | GER | Team NRW | 17:35 |
| 22. | 533 | Offermanns, Yannick | 1997 | m | GER | DJK Jung Siegfried Herzogenrath | 18:09 |
| 23. | 352 | Söth, Niklas | 1996 | m | GER | Realschule Jüchen | 19:31 |
| 24. | 268 | Schwieren, Mirko | 1997 | m | GER | Realschule Jüchen | 20:57 |
| 25. | 552 | Krause, Niklas | 1996 | m | GER | Realschule Jüchen | 22:48 |

| AK-Pl. | Startnr. | Name | Jahrg. | m/w | Nat. | Team/Verein | Zeit |
|--------|----------|----------------------|--------|-----|------|-------------------|-------|
| 26. | 557 | Helpenstein, Antonio | 1997 | m | GER | Realschule Jüchen | 23:06 |
| 27. | 556 | Lorenz, Cedric | 1997 | m | GER | Realschule Jüchen | 24:54 |
| 28. | 271 | Kurzawiak, Marcel | 1996 | m | GER | Realschule Jüchen | 24:59 |
| 29. | 353 | Dietrich, Christian | 1996 | m | GER | Realschule Jüchen | 25:13 |
| 30. | 241 | Sistermanns, Remi | 1997 | m | GER | Realschule Jüchen | 27:16 |
| 31. | 351 | Biederbeck, Tim | 1997 | m | GER | Realschule Jüchen | 27:16 |
| 32. | 553 | Reibel, David | 1997 | m | GER | Realschule Jüchen | 27:26 |
| 33. | 555 | Müller, Marvin | 1997 | m | GER | Realschule Jüchen | 29:59 |
| 34. | 582 | Krons, Niklas | 1996 | m | GER | Realschule Jüchen | 30:00 |
| 35. | 270 | Asbach, Max | 1996 | m | GER | Realschule Jüchen | 33:01 |
| 36. | 558 | Kienast, Christian | 1997 | m | GER | Realschule Jüchen | 33:45 |

männliche Jugend U20

| | | | | | | | |
|----|-----|------------------|------|---|-----|-------------------|-------|
| 1. | 612 | Thorwirth, Max | 1995 | m | GER | SFD 75 Düsseldorf | 14:45 |
| 2. | 569 | Stroick, Stefan | 1994 | m | GER | W+F Münster | 15:05 |
| 3. | 372 | Schmude, Philipp | 1995 | m | GER | LC Duisburg | 15:18 |
| 4. | 621 | Scholz, Yannic | 1994 | m | GER | LC Paderborn | 15:37 |
| 5. | 613 | Fabian, Max | 1994 | m | GER | SFD 75 Düsseldorf | 16:19 |
| 6. | 614 | Zill, Pierre | 1994 | m | GER | SFD 75 Düsseldorf | 16:29 |
| 7. | 47 | Sartorius, Felix | 1995 | m | GER | | 16:47 |
| 8. | 620 | Bakan, Timur | 1995 | m | GER | TuS Jahn Hilfarth | 17:55 |
| 9. | 560 | Xhaferi, Erol | 1994 | m | GER | Realschule Jüchen | 22:22 |

| AK-Pl. | Startnr. | Name | Jahrg. | m/w | Nat. | Team/Verein | Zeit |
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Cross der Asse & U23 weiblich Team Challenge

Frauen

| | | | | | | | |
|----|-----|--------------------|------|---|-----|-----------------------|-------|
| 1. | 566 | Gatzweiler, Ursula | 1988 | w | GER | ASV Köln | 18:59 |
| 2. | 233 | Kunz, Nina | 1981 | w | GER | ASV Köln | 19:47 |
| 3. | 364 | Lievaart, Anouska | 1982 | w | NED | CISM Team Niederlande | 21:13 |

Juniorinnen U23

| | | | | | | | |
|----|-----|---------------------|------|---|-----|----------------------|-------|
| 1. | 321 | Langel, Tiffany | 1991 | w | SUI | Team Swiss Athletics | 19:49 |
| 2. | 324 | Schneuwly, Miriam | 1994 | w | SUI | Team Swiss Athletics | 19:58 |
| 3. | 323 | Remund, Barblin | 1996 | w | SUI | Team Swiss Athletics | 20:06 |
| 4. | 506 | Platt, Steffi | | w | GER | Team Deutschland | 20:23 |
| 5. | 503 | Bouschan, Luisa | | w | GER | Team Deutschland | 20:40 |
| 6. | 505 | Pahne, Julia | | w | GER | Team Deutschland | 20:50 |
| 7. | 322 | Müller, Christine | 1993 | w | SUI | Team Swiss Athletics | 21:00 |
| 8. | 320 | Matzinger, Chantal | 1991 | w | SUI | Team Swiss Athletics | 21:06 |
| 9. | 504 | Scheunemann, Annika | | w | GER | Team Deutschland | 21:43 |

| AK-Pl. | Startnr. | Name | Jahrg. | m/w | Nat. | Team/Verein | Zeit |
|--------|----------|------|--------|-----|------|-------------|------|
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Lauf der Sparkasse Neuss: Cross der Asse und U23 männlich Team-Challenge

Junioren U23

| | | | | | | | |
|-----|-----|---------------------------|------|---|-----|----------------------|-------|
| 1. | 329 | Niederhauser, Janik | 1991 | m | SUI | Team Swiss Athletics | 25:46 |
| 2. | 510 | Wessel-Terhan, Fabian | | m | GER | Team Deutschland | 26:01 |
| 3. | 232 | Engelhardt, Adriano | 1992 | m | SUI | CISM Team Schweiz | 26:32 |
| 4. | 328 | Lussy, Florian | 1994 | m | SUI | Team Swiss Athletics | 26:37 |
| 5. | 231 | Jucker, Fabian | 1992 | m | SUI | CISM Team Schweiz | 26:58 |
| 6. | 325 | Diener, Lukas | 1992 | m | SUI | Team Swiss Athletics | 27:00 |
| 7. | 331 | Schöpfer, Matthias | 1992 | m | SUI | Team Swiss Athletics | 27:03 |
| 8. | 326 | Furtwängler, Pascal | 1993 | m | SUI | Team Swiss Athletics | 27:23 |
| 9. | 327 | Gossauer, Jens-Michael | 1993 | m | SUI | Team Swiss Athletics | 27:41 |
| 10. | 509 | Hollop, Dominik | 1991 | m | GER | Team Deutschland | 27:49 |
| 11. | 330 | Schmidhaug, Silas | 1993 | m | SUI | Team Swiss Athletics | 28:04 |
| 12. | 342 | Zens, Lucas | 1992 | m | GER | Team Deutschland | 28:06 |
| 13. | 508 | Bartholomäi, John Philipp | | m | GER | Team Deutschland | 28:23 |
| 14. | 341 | Sporkmann, Tim | 1991 | m | GER | Team Deutschland | 28:30 |
| 15. | 44 | Küpper, Timo | 1994 | m | GER | LC Euskirchen | 28:35 |
| 16. | 511 | Kruse, Paul | 1992 | m | GER | Team Deutschland | 28:52 |
| 17. | 605 | Trompeter, Marius | 1991 | m | GER | ASV Köln | 29:21 |
| 18. | 536 | Majewski, Michael | 1993 | m | GER | BV Garrel | 30:01 |
| 19. | 622 | Kern, Philipp | 1995 | m | GER | TG Dietlingen | 30:16 |
| 20. | 576 | Hemkes, Lucas | 1992 | m | GER | LC Paderborn | 30:37 |

Männer

| | | | | | | | |
|-----|-----|----------------------|------|---|-----|----------------------------|-------|
| 1. | 226 | Rüfenacht, Rolf | 1984 | m | SUI | CISM Team Schweiz | 25:23 |
| 2. | 522 | Karus, Benedikt | 1990 | m | GER | LG farbtex Nordschwarzwald | 25:34 |
| 3. | 229 | Kern, Marco | 1987 | m | SUI | CISM Team Schweiz | 25:42 |
| 4. | 228 | Mathys, Christian | 1987 | m | SUI | CISM Team Schweiz | 25:44 |
| 5. | 230 | Lehmann, Adrian | 1989 | m | SUI | CISM Team Schweiz | 26:00 |
| 6. | 49 | Weiß-Latzko, Markus | 1984 | m | GER | Sparda-Team Rechberghausen | 26:02 |
| 7. | 225 | Brügger, Michel | 1981 | m | SUI | CISM Team Schweiz | 26:14 |
| 8. | 227 | Tscharner, Jann | 1985 | m | SUI | CISM Team Schweiz | 26:25 |
| 9. | 361 | Fifa, Ilias | 1989 | m | ESP | | 26:33 |
| 10. | 260 | Piller, Jari | 1990 | m | SUI | CISM Team Schweiz | 27:03 |
| 11. | 363 | van Beekveld, Pieter | | m | NED | CISM Team Niederlande | 27:53 |
| 12. | 360 | Benslimane, Mostafa | 1978 | m | MAR | | 28:03 |
| 13. | 537 | Kühling, Fabian | 1988 | m | GER | BV Garrel | 29:10 |

| AK-Pl. | Startnr. | Name | Jahrg. | m/w | Nat. | Team/Verein | Zeit |
|--------|----------|------|--------|-----|------|-------------|------|
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2500m Cross U16 weiblich/männlich

weibliche Jugend U 16

| | | | | | | | |
|-----|-----|------------------------|------|---|-----|----------------------------|-------|
| 1. | 374 | Neuburg, Lena | 1999 | w | GER | KTT 01 | 10:05 |
| 2. | 222 | Völker, Lina | 1998 | w | GER | SuS Stadtlohn | 10:13 |
| 3. | 276 | Weike, Nele | 1999 | w | GER | Team NRW | 10:22 |
| 4. | 486 | Bethan, Johanna | 1998 | w | GER | LVN-Kreis Essen | 10:29 |
| 5. | 416 | Rodermond, Sina | 1999 | w | GER | LVN-Kreis Rhein-Lippe | 10:42 |
| 6. | 590 | Kaufmann, Hannah | 1999 | w | GER | LVN-Kreis Oberberg | 10:58 |
| 7. | 443 | Reul, Inga | 1998 | w | GER | LVN-Kreis Aachen | 11:00 |
| 8. | 414 | Neumann, Elena | 1998 | w | GER | LVN-Kreis Rhein-Lippe | 11:03 |
| 9. | 383 | Schmitz, Jolina | 1999 | w | GER | LVN-Kreis Niederrhein-West | 11:07 |
| 10. | 519 | Müller, Louisa | 1999 | w | GER | LAZ PUMA Rhein-Sieg | 11:14 |
| 11. | 413 | Janßen, Leonie | 1998 | w | GER | LVN-Kreis Rhein-Lippe | 11:16 |
| 12. | 415 | Bomkamp, Kim-Melina | 1998 | w | GER | LVN-Kreis Rhein-Lippe | 11:18 |
| 13. | 484 | Jungblut, Pia | 1999 | w | GER | LVN-Kreis Essen | 11:24 |
| 14. | 472 | Pfeiffer, Zoe | 1998 | w | GER | LVN-Kreis Düsseldorf/Neuss | 11:24 |
| 15. | 277 | Kohlhase, Sophie-Marie | 1998 | w | GER | Team NRW | 11:39 |
| 16. | 431 | Meuser, Grit | 1999 | w | GER | LVN-Kreis Heinsberg | 11:39 |
| 17. | 565 | Wenning, Jasmin | 1999 | w | GER | LAZ Rhede | 11:40 |
| 18. | 417 | Beutel, Kathrin | 1999 | w | GER | LVN-Kreis Rhein-Lippe | 11:43 |
| 19. | 387 | Langhanki, Christina | 1998 | w | GER | LVN-Kreis Niederrhein-West | 11:56 |
| 20. | 593 | von Kallen, Stefanie | 1998 | w | GER | LVN-Kreis Oberberg | 12:02 |
| 21. | 444 | Hirsch, Astrid | 1998 | w | GER | LVN-Kreis Aachen | 12:03 |
| 22. | 430 | Kneisle, Sarah | 1999 | w | GER | LVN-Kreis Heinsberg | 12:05 |
| 23. | 470 | Lansen, Hannah | 1998 | w | GER | LVN-Kreis Düsseldorf/Neuss | 12:07 |
| 24. | 53 | Maxheimer, Martinique | 1999 | w | GER | LVN-Kreis Düsseldorf/Neuss | 12:28 |
| 25. | 591 | König, Ayleen | 1998 | w | GER | LVN-Kreis Oberberg | 12:36 |
| 26. | 488 | Dams, Jacqueline | 1998 | w | GER | LVN-Kreis Essen | 12:37 |
| 27. | 34 | von Contzen, Laura | 1998 | w | GER | LVN-Kreis Niederrhein-West | 12:38 |
| 28. | 386 | El Awir, Shaline | 1999 | w | GER | LVN-Kreis Niederrhein-West | 12:40 |
| 29. | 592 | Radermacher, Lea-Marie | 1998 | w | GER | LVN-Kreis Oberberg | 12:41 |
| 30. | 447 | Abratis, Anna | 1999 | w | GER | LVN-Kreis Aachen | 13:09 |
| 31. | 473 | Nordhoff, Maike | 1999 | w | GER | LVN-Kreis Düsseldorf/Neuss | 13:12 |
| 32. | 471 | Köhnen, Michelle | 1998 | w | GER | LVN-Kreis Düsseldorf/Neuss | 13:25 |
| 33. | 420 | Remmler, Leonie | 1998 | w | GER | LVN-Kreis Heinsberg | 13:30 |

männliche Jugend U16

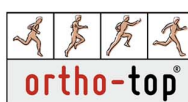
| | | | | | | | |
|-----|-----|--------------------|------|---|-----|-----------------------|-------|
| 1. | 279 | Stegmüller, Timo | 1998 | m | GER | Team NRW | 09:06 |
| 2. | 573 | Fröhling, Luca | 1999 | m | GER | Team NRW | 09:07 |
| 3. | 335 | Siepmann, Tim | 1998 | m | GER | PV Triathlon Witten | 09:23 |
| 4. | 402 | Höpfner, Erik | 1998 | m | GER | LVN-Kreis Rhein-Lippe | 09:30 |
| 5. | 433 | Hanuschik, Oliver | 1998 | m | GER | LVN-Kreis Heinsberg | 09:34 |
| 6. | 575 | Velke, Jan | 1998 | m | GER | Team NRW | 09:36 |
| 7. | 278 | Metsch, Rafael | 1998 | m | GER | Team NRW | 09:37 |
| 8. | 404 | Hochstrate, Jonas | 1998 | m | GER | LVN-Kreis Rhein-Lippe | 09:49 |
| 9. | 403 | Stockhausen, Malte | 1998 | m | GER | LVN-Kreis Rhein-Lippe | 09:54 |
| 10. | 434 | Memenga, Alexander | 1998 | m | GER | LVN-Kreis Heinsberg | 09:58 |

Energie Cross Neukirchen

Ergebnisliste AK



| AK-Pl. | Startnr. | Name | Jahrg. | m/w | Nat. | Team/Verein | Zeit |
|--------|----------|---------------------|--------|-----|------|----------------------------|-------|
| 11. | 405 | Plöger, Johannes | 1998 | m | GER | LVN-Kreis Rhein-Lippe | 09:59 |
| 12. | 406 | Podrasa, Luca | 1998 | m | GER | LVN-Kreis Rhein-Lippe | 10:00 |
| 13. | 435 | Rettemeyer, Simon | 1998 | m | GER | LVN-Kreis Heinsberg | 10:02 |
| 14. | 588 | Riss, Marvin | 1998 | m | GER | LVN-Kreis Oberberg | 10:04 |
| 15. | 396 | Karl, Felix | 1998 | m | GER | LVN-Kreis Niederrhein-West | 10:06 |
| 16. | 439 | Moreau, Jan | 1998 | m | GER | LVN-Kreis Aachen | 10:07 |
| 17. | 491 | Grommisch, Till | 1999 | m | GER | LVN-Kreis Essen | 10:11 |
| 18. | 440 | Nores, Max | 1999 | m | GER | LVN-Kreis Aachen | 10:14 |
| 19. | 490 | Ophoff, Niklas | 1998 | m | GER | LVN-Kreis Essen | 10:21 |
| 20. | 438 | Wolff, Jannis | 1998 | m | GER | LVN-Kreis Aachen | 10:26 |
| 21. | 441 | Eichler, Leon | 1999 | m | GER | LVN-Kreis Aachen | 10:28 |
| 22. | 465 | Jossan, Abhineet | 1999 | m | GER | LVN-Kreis Düsseldorf/Neuss | 10:28 |
| 23. | 624 | Leitz, Pirmin | 1998 | m | GER | TV Huchenfeld | 10:28 |
| 24. | 578 | Theißen, Björn | 1998 | m | GER | SV Sonsbeck 1919 | 10:34 |
| 25. | 224 | Langerbein, Lennard | 1998 | m | GER | SCE Hamm Hessen | 10:36 |
| 26. | 369 | Trübner, Frank | 1999 | m | GER | TLV Germania Überrauch | 10:47 |
| 27. | 468 | Kotlin, Luke | 1999 | m | GER | LVN-Kreis Düsseldorf/Neuss | 10:48 |
| 28. | 493 | Pfeiffer, Moritz | 1998 | m | GER | LVN-Kreis Essen | 10:53 |
| 29. | 489 | Weldon, Onyema | 1999 | m | GER | LVN-Kreis Essen | 10:59 |
| 30. | 442 | Dohmen, Nik | 1998 | m | GER | LVN-Kreis Aachen | 11:01 |
| 31. | 587 | Richter, Tobias | 1999 | m | GER | LVN-Kreis Oberberg | 11:08 |
| 32. | 583 | Hensel, Felix | 1999 | m | GER | LVN-Kreis Oberberg | 11:09 |
| 33. | 395 | Schulz, Kai | 1999 | m | GER | LVN-Kreis Niederrhein-West | 11:15 |
| 34. | 437 | Dohle, Frederic | 1999 | m | GER | LVN-Kreis Heinsberg | 11:18 |
| 35. | 492 | Schwab, Anatalis | 1999 | m | GER | LVN-Kreis Essen | 11:26 |
| 36. | 467 | Kalfouni, Tamer | 1999 | m | GER | LVN-Kreis Düsseldorf/Neuss | 11:37 |
| 37. | 394 | Timm, Jonas Jerome | 1999 | m | GER | LVN-Kreis Niederrhein-West | 11:38 |
| 38. | 436 | Langemeyer, Nils | 1999 | m | GER | LVN-Kreis Heinsberg | 11:39 |
| 39. | 349 | Hopp, Justin | 1999 | m | GER | Realschule Jüchen | 12:01 |
| 40. | 586 | Mann, Moritz | 1999 | m | GER | LVN-Kreis Oberberg | 12:03 |
| 41. | 19 | Brüggen, Benedikt | 1999 | m | GER | KTSV Preußen Krefeld 1855 | 12:13 |
| 42. | 466 | Jansen, Florian | 1999 | m | GER | LVN-Kreis Düsseldorf/Neuss | 12:30 |
| 43. | 240 | Sistermanns, Maxime | 1998 | m | GER | Realschule Jüchen | 17:09 |
| 44. | 350 | Buchholz, Lucas | 1999 | m | GER | Realschule Jüchen | 17:32 |



Energie Cross Neukirchen

Ergebnisliste AK



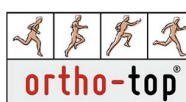
| AK-Pl. | Startnr. | Name | Jahrg. | m/w | Nat. | Team/Verein | Zeit |
|--------|----------|------|--------|-----|------|-------------|------|
|--------|----------|------|--------|-----|------|-------------|------|

1700m Cross U14 weiblich/männlich

weibliche Jugend U 14

| | | | | | | | |
|-----|-----|------------------------|------|---|-----|----------------------------|-------|
| 1. | 382 | Wilms, Hannah | 2001 | w | GER | LVN-Kreis Niederrhein-West | 06:45 |
| 2. | 378 | Klee, Lisa Sophie | 2000 | w | GER | LVN-Kreis Niederrhein-West | 06:46 |
| 3. | 408 | Ueffing, Anna | 2000 | w | GER | LVN-Kreis Rhein-Lippe | 06:48 |
| 4. | 35 | Lassri, Safae | 2000 | w | GER | LVN-Kreis Niederrhein-West | 06:54 |
| 5. | 380 | Hoven, Annkathrin | 2001 | w | GER | LVN-Kreis Niederrhein-West | 06:58 |
| 6. | 606 | Fröhling, Sophie | 2001 | w | GER | KSV Kevelaer | 06:59 |
| 7. | 379 | Seerden, Sarah Anna | 2000 | w | GER | LVN-Kreis Niederrhein-West | 07:02 |
| 8. | 600 | Perisic, Lea | 2001 | w | GER | LVN-Kreis Oberberg | 07:07 |
| 9. | 453 | Weins, Elena | 2000 | w | GER | LVN-Kreis Aachen | 07:08 |
| 10. | 455 | Rütten, Katharina | 2000 | w | GER | LVN-Kreis Aachen | 07:10 |
| 11. | 76 | Gudermann, Nele | 2001 | w | GER | ASV Köln | 07:13 |
| 12. | 457 | Jansen, Michelle | 2000 | w | GER | LVN-Kreis Aachen | 07:15 |
| 13. | 336 | Siepmann, Rena | 2001 | w | GER | PV Triathlon Witten | 07:18 |
| 14. | 454 | van Megeren, Jana | 2001 | w | GER | LVN-Kreis Aachen | 07:18 |
| 15. | 412 | Dangelmeier, Nike | 2001 | w | GER | LVN-Kreis Rhein-Lippe | 07:20 |
| 16. | 456 | Führen, Carolin | 2001 | w | GER | LVN-Kreis Aachen | 07:22 |
| 17. | 535 | Benkendorf, Carolin | 2000 | w | GER | BV Garrel | 07:22 |
| 18. | 469 | Arnold, Alexandra | 2000 | w | GER | LVN-Kreis Düsseldorf/Neuss | 07:29 |
| 19. | 478 | Bückert, Clara | 2000 | w | GER | LVN-Kreis Essen | 07:30 |
| 20. | 36 | Horn, Desirée | 2001 | w | GER | LVN-Kreis Oberberg | 07:36 |
| 21. | 411 | Krajnc, Nele | 2000 | w | GER | LVN-Kreis Rhein-Lippe | 07:36 |
| 22. | 602 | Risken, Lea Marie | 2000 | w | GER | LVN-Kreis Oberberg | 07:37 |
| 23. | 421 | Blankertz, Lena | 2001 | w | GER | LVN-Kreis Heinsberg | 07:38 |
| 24. | 410 | Strozyk, Louisa | 2000 | w | GER | LVN-Kreis Rhein-Lippe | 07:38 |
| 25. | 475 | Rudolph, Celine | 2000 | w | GER | LVN-Kreis Essen | 07:39 |
| 26. | 409 | Lavinja, Jürgens | 2000 | w | GER | LVN-Kreis Rhein-Lippe | 07:40 |
| 27. | 601 | Rigal, Denise | 2001 | w | GER | LVN-Kreis Oberberg | 07:40 |
| 28. | 419 | Schlösser, Nina | 2000 | w | GER | LVN-Kreis Heinsberg | 07:59 |
| 29. | 253 | Hintze, Julia | 2001 | w | GER | LC Duisburg | 08:06 |
| 30. | 477 | Butzer, Hannah | 2001 | w | GER | LVN-Kreis Essen | 08:30 |
| 31. | 51 | Mengeringhausen, Lotta | 2000 | w | GER | LVN-Kreis Düsseldorf/Neuss | 08:42 |
| 32. | 418 | Leinweber, Evelyn | 2000 | w | GER | LVN-Kreis Heinsberg | 08:46 |
| 33. | 474 | Sandkühler, Amelie | 2001 | w | GER | LVN-Kreis Essen | 08:48 |
| 34. | 52 | Kaßler, Lina | 2000 | w | GER | LVN-Kreis Düsseldorf/Neuss | 09:00 |
| 35. | 236 | Scharf, Caroline | 2000 | w | GER | Realschule Jüchen | 09:32 |
| 36. | 261 | Altmann, Emma | 2001 | w | GER | Realschule Jüchen | 09:40 |
| 37. | 262 | Pak, Laura | 2001 | w | GER | Realschule Jüchen | 09:58 |
| 38. | 563 | Schmidt, Sara-Jane | 2000 | w | GER | Realschule Jüchen | 10:53 |
| 39. | 238 | Weinhold, Charline | 2000 | w | GER | Realschule Jüchen | 11:29 |
| 40. | 561 | Janßen, Isabella | 2001 | w | GER | Realschule Jüchen | 11:37 |
| 41. | 237 | Wilms, Gesa | 2000 | w | GER | Realschule Jüchen | 13:29 |
| 42. | 242 | Marrero, Ariana | 2000 | w | GER | Realschule Jüchen | 13:38 |
| 43. | 343 | Werder, Laura | 2000 | w | GER | Realschule Jüchen | 13:42 |

männliche Jugend U14

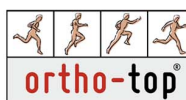


Energie Cross Neukirchen

Ergebnisliste AK



| AK-Pl. | Startnr. | Name | Jahrg. | m/w | Nat. | Team/Verein | Zeit |
|--------|----------|------------------------|--------|-----|------|----------------------------|-------|
| 1. | 448 | Thiele, Yannik | 2000 | m | GER | LVN-Kreis Aachen | 06:16 |
| 2. | 388 | Kämpgen, Nick | 2001 | m | GER | LVN-Kreis Niederrhein-West | 06:27 |
| 3. | 254 | Osterholt, Jonas | 2000 | m | GER | SUS Stadtlohn Triathlon | 06:32 |
| 4. | 204 | Hausburg, Marcel | 2000 | m | GER | LC Duisburg | 06:40 |
| 5. | 423 | Sieben, Sven | 2000 | m | GER | LVN-Kreis Heinsberg | 06:42 |
| 6. | 481 | Jahn, Lennart | 2001 | m | GER | LVN-Kreis Essen | 06:43 |
| 7. | 479 | Graeve, Felix | 2000 | m | GER | LVN-Kreis Essen | 06:45 |
| 8. | 452 | Behrens, Tim | 2001 | m | GER | LVN-Kreis Aachen | 06:50 |
| 9. | 426 | Thönissen, Nils | 2001 | m | GER | LVN-Kreis Heinsberg | 06:53 |
| 10. | 450 | Reul, Thorben | 2001 | m | GER | LVN-Kreis Aachen | 06:54 |
| 11. | 401 | Arnold, Jonas | 2001 | m | GER | LVN-Kreis Rhein-Lippe | 06:55 |
| 12. | 463 | Schwabe, Torben | 2000 | m | GER | LVN-Kreis Düsseldorf/Neuss | 06:55 |
| 13. | 255 | Osterholt, Cedric | 2000 | m | GER | SUS Stadtlohn Triathlon | 06:57 |
| 14. | 389 | Ferfers, Jannik | 2001 | m | GER | LVN-Kreis Niederrhein-West | 06:59 |
| 15. | 424 | Schippers, Joe | 2000 | m | GER | LVN-Kreis Heinsberg | 07:00 |
| 16. | 462 | Völler, Jonas | 2001 | m | GER | LVN-Kreis Düsseldorf/Neuss | 07:01 |
| 17. | 391 | Oberem, Simon | 2000 | m | GER | LVN-Kreis Niederrhein-West | 07:03 |
| 18. | 427 | Jeup, Johannes | 2001 | m | GER | LVN-Kreis Heinsberg | 07:03 |
| 19. | 384 | Freymann, Maximilian | 2001 | m | GER | LG Dorsten | 07:06 |
| 20. | 398 | Nitz, Bastian | 2000 | m | GER | LVN-Kreis Rhein-Lippe | 07:09 |
| 21. | 464 | Gebhardt, Janosch | 2000 | m | GER | LVN-Kreis Düsseldorf/Neuss | 07:11 |
| 22. | 392 | Hüsgen, Sandro | 2000 | m | GER | LVN-Kreis Niederrhein-West | 07:14 |
| 23. | 59 | Lange, Erik | 2000 | m | GER | LC Duisburg | 07:15 |
| 24. | 390 | Cappel, Max | 2000 | m | GER | LVN-Kreis Niederrhein-West | 07:17 |
| 25. | 399 | Jandewerth, Jona | 2000 | m | GER | LVN-Kreis Rhein-Lippe | 07:17 |
| 26. | 459 | Neukirchen, Jan-Felix | 2000 | m | GER | LVN-Kreis Düsseldorf/Neuss | 07:23 |
| 27. | 482 | Lingen, Lukas | 2000 | m | GER | LVN-Kreis Essen | 07:24 |
| 28. | 385 | Schiffer, Max | 2000 | m | GER | SG Neukirchen-Hülchrath | 07:25 |
| 29. | 63 | Veselovac, Lukas | 2001 | m | GER | LVN-Kreis Aachen | 07:27 |
| 30. | 596 | Schüller, Paul Philipp | 2000 | m | GER | LVN-Kreis Oberberg | 07:27 |
| 31. | 567 | Kracht, Tim | 2000 | m | GER | KTT 01 | 07:29 |
| 32. | 407 | Herzog, Jonas | 2000 | m | GER | LVN-Kreis Rhein-Lippe | 07:31 |
| 33. | 461 | Dietzgen, Nils | 2001 | m | GER | LVN-Kreis Düsseldorf/Neuss | 07:31 |
| 34. | 597 | Stein, Jannik | 2001 | m | GER | LVN-Kreis Oberberg | 07:33 |
| 35. | 594 | Ammann, Max | 2001 | m | GER | LVN-Kreis Oberberg | 07:34 |
| 36. | 584 | Riss, Colin | 2000 | m | GER | LVN-Kreis Oberberg | 07:35 |
| 37. | 480 | Schroeder, Jonas | 2000 | m | GER | LVN-Kreis Essen | 07:53 |
| 38. | 356 | Janssen, Lukas | 2001 | m | GER | SG Neukirchen-Hülchrath | 07:54 |
| 39. | 347 | Kovaltschuk, Anton | 2001 | m | GER | Realschule Jüchen | 08:22 |
| 40. | 15 | Krämer, Maximilian | 2000 | m | GER | VfL Engelskirchen | 08:29 |
| 41. | 60 | Schusters, Timo | 2000 | m | GER | Lauftreff Düsseldorf-Süd | 08:38 |
| 42. | 263 | Klinkenberg, Lars | 2001 | m | GER | Realschule Jüchen | 08:57 |
| 43. | 264 | Dahmen, Florian | 2001 | m | GER | Realschule Jüchen | 08:59 |
| 44. | 266 | Schiffer, Tim | 2001 | m | GER | Realschule Jüchen | 09:24 |
| 45. | 265 | Rohmann, Noel | 2001 | m | GER | Realschule Jüchen | 09:27 |
| 46. | 234 | Backus, Lars | 2001 | m | GER | Realschule Jüchen | 09:50 |
| 47. | 267 | Wolff, Marc | 2001 | m | GER | Realschule Jüchen | 12:18 |
| 48. | 348 | Eitel, Marvin | 2001 | m | GER | Realschule Jüchen | 12:54 |

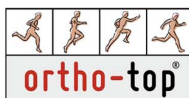


Energie Cross Neukirchen

Ergebnisliste AK



| AK-Pl. | Startnr. | Name | Jahrg. | m/w | Nat. | Team/Verein | Zeit |
|--------|----------|-----------------|--------|-----|------|-------------------|-------|
| 49. | 235 | Willkomm, Kevin | 2001 | m | GER | Realschule Jüchen | 13:30 |



| AK-Pl. | Startnr. | Name | Jahrg. | m/w | Nat. | Team/Verein | Zeit |
|--------|----------|------|--------|-----|------|-------------|------|
|--------|----------|------|--------|-----|------|-------------|------|

5100m Volkscross

Frauen

| | | | | | | | |
|----|----|--------------------|------|---|-----|--------------|-------|
| 1. | 69 | Berghaus, Michaela | 1987 | w | GER | TUS Köln rrh | 24:00 |
| 2. | 91 | Leutgeb, Jenni | 1985 | w | GER | Hildener AT | 24:54 |

Seniorinnen W35

| | | | | | | | |
|----|-----|-------------------|------|---|-----|-------------------|-------|
| 1. | 334 | Bach, Daniela | 1975 | w | GER | Realschule Jüchen | 23:02 |
| 2. | 96 | Schedlbauer, Ruth | 1976 | w | GER | SV Morsbach | 25:07 |

Seniorinnen W40

| | | | | | | | |
|----|-----|-------------------|------|---|-----|------------|-------|
| 1. | 77 | Kaufmann, Anja | 1969 | w | GER | TV Refrath | 22:39 |
| 2. | 246 | Mareschat, Mirjam | 1973 | w | NED | | 32:27 |

Seniorinnen W45

| | | | | | | | |
|----|-----|----------------|------|---|-----|----------------------------|-------|
| 1. | 572 | Melchert, Anja | 1966 | w | GER | | 29:25 |
| 2. | 585 | Rohr, Swantje | 1966 | w | GER | Pulchra Amphora e.V. Neuss | 35:31 |
| 3. | 571 | Scherwaß, Anja | 1966 | w | GER | LT Düsseldorf-Süd | 35:31 |

weibliche Jugend U 18

| | | | | | | | |
|----|----|-------------------|------|---|-----|--------------------------|-------|
| 1. | 70 | Schöttke, Lea | 1996 | w | GER | DJK Novesia Neuss | 26:30 |
| 2. | 61 | Schusters, Katrin | 1997 | w | GER | Lauftreff Düsseldorf-Süd | 29:32 |

weibliche Jugend U 20

| | | | | | | | |
|----|----|------------------|------|---|-----|-------------------------|-------|
| 1. | 71 | Hartmann, Anne | 1995 | w | GER | DJK Novesia Neuss | 26:02 |
| 2. | 55 | Nellessen, Meike | 1994 | w | GER | SG Neukirchen-Hülchrath | 26:05 |

Männer

| | | | | | | | |
|----|-----|---------------------|------|---|-----|-------------------------|-------|
| 1. | 62 | Johnstone, Nikki | 1984 | m | GER | | 17:50 |
| 2. | 85 | Hibbe, Tobias | 1990 | m | GER | ATG AACHEN | 18:06 |
| 3. | 215 | Stephan, Oliver | 1993 | m | GER | SSG Königswinter | 18:52 |
| 4. | 11 | Ballmann, Kai | 1989 | m | GER | DJK Kleinenbroich | 21:26 |
| 5. | 89 | Lang, Udo | 1965 | m | GER | | 22:51 |
| 6. | 213 | Verhoeven, Tim | 1989 | m | GER | VfB Alemannia Pfalzdorf | 24:37 |
| 7. | 292 | Emde, Robert | 1991 | m | GER | | 25:38 |
| 8. | 94 | Thönnessen, Stephan | 1960 | m | GER | | 28:35 |

männliche Jugend U20

| | | | | | | | |
|----|----|--------------|------|---|-----|-------------------|-------|
| 1. | 72 | Fritz, Jonas | 1994 | m | GER | DJK Novesia Neuss | 22:07 |
|----|----|--------------|------|---|-----|-------------------|-------|

Senioren M30

| | | | | | | | |
|----|-----|-----------------------|------|---|-----|-------------------|-------|
| 1. | 494 | Zimmermann, Jan | 1982 | m | GER | LT DSHS Köln | 20:02 |
| 2. | 81 | Kurschildgen, Emanuel | 1983 | m | GER | LG Mützenich | 20:47 |
| 3. | 79 | Fiekers, Stefan | 1980 | m | GER | DJK Kleinenbroich | 22:46 |
| 4. | 92 | Ruhle, Tobias | 1982 | m | GER | Hildener AT | 25:13 |
| 5. | 373 | Becker, Willi | 1980 | m | GER | | 31:56 |

Senioren M35

| | | | | | | | |
|----|-----|---------------------|------|---|-----|---------------------|-------|
| 1. | 95 | Birkhölzer, Patrick | 1976 | m | GER | SV Morsbach | 19:52 |
| 2. | 50 | Planker, Christoph | 1977 | m | GER | | 22:49 |
| 3. | 202 | Kunze, Björn | 1976 | m | GER | Depotrunners Bracht | 25:28 |

| AK-Pl. | Startnr. | Name | Jahrg. | m/w | Nat. | Team/Verein | Zeit |
|--------|----------|--------------------|--------|-----|------|-------------|-------|
| 4. | 80 | Walochnik, Thomas | 1976 | m | GER | | 30:50 |
| 5. | 458 | Lohkamp, Christian | 1975 | m | GER | SG Holzheim | 31:40 |

Senioren M40

| | | | | | | | |
|----|-----|----------------------|------|---|-----|------------------------------|-------|
| 1. | 548 | Lössner, Ralph | 1972 | m | GER | | 20:31 |
| 2. | 332 | Winkler, Ingolf | 1972 | m | GER | TG Neuss | 22:55 |
| 3. | 550 | Förster, Dirk | 1973 | m | GER | Verein Cölner Strassenfahrer | 24:10 |
| 4. | 249 | Röllgen, Thomas | 1973 | m | GER | HDL Perle | 25:31 |
| 5. | 460 | Kotlin, Georg | 1970 | m | GER | | 26:07 |
| 6. | 206 | Holdinghausen, Frank | 1972 | m | GER | Biesenbach 72 | 28:02 |

Senioren M45

| | | | | | | | |
|-----|-----|----------------------|------|---|-----|---------------------------|-------|
| 1. | 333 | Bach, Matthias | 1968 | m | GER | Realschule Jüchen | 21:16 |
| 2. | 78 | Thapa, Atlic | 1968 | m | GER | DJK Kleinenbroich | 21:43 |
| 3. | 338 | Lürken, Franz-Josef | 1964 | m | GER | SV Germania Dürwiß | 21:55 |
| 4. | 273 | König, Dieter | 1967 | m | GER | TSV Dieringhausen | 22:11 |
| 5. | 549 | Hannen, Markus | 1968 | m | GER | | 22:12 |
| 6. | 538 | Rohregger, Robert | 1964 | m | GER | BSG Sparkasse Bielefeld | 22:38 |
| 7. | 90 | Engels, Thomas | 1965 | m | GER | Mönchengladbacher LG | 23:19 |
| 8. | 250 | Neuburg, Stephan | 1967 | m | GER | ASV Köln Triathlon | 23:48 |
| 9. | 499 | Langerbein, Bernhard | 1967 | m | GER | Tri-As Hamm | 24:01 |
| 10. | 208 | Marcus, Holger | 1964 | m | GER | TRlandertaler me-sport | 24:18 |
| 11. | 20 | Brüggen Dr., Volker | 1966 | m | GER | KTSV Preußen Krefeld 1855 | 24:44 |

Senioren M50

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|----|-----|---------------------|------|---|-----|----------------------|-------|
| 1. | 541 | Torke, Fred | 1963 | m | GER | ASV Duisburg | 20:50 |
| 2. | 247 | Vehlewald, Wolfgang | 1960 | m | GER | TuS Eintracht Minden | 21:11 |

Senioren M55

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|----|-----|--------------------|------|---|-----|-----------------------|-------|
| 1. | 375 | Büngeler, Herbert | 1957 | m | GER | Aachener TG | 20:16 |
| 2. | 64 | Pullwitt, Wolfgang | 1955 | m | GER | Korschenbroicher LC | 21:39 |
| 3. | 207 | Oelze, Heiko | 1958 | m | GER | | 26:29 |
| 4. | 31 | Bebber, Horst | 1954 | m | GER | Neusser Schwimmverein | 27:49 |
| 5. | 12 | Persé, Jürgen | 1956 | m | GER | RTC Frechen 80 | 34:58 |

Senioren M60

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|----|-----|-----------------------|------|---|-----|--------------------|-------|
| 1. | 257 | Simon, Friedhelm | 1949 | m | GER | SV Germania Dürwiß | 25:49 |
| 2. | 214 | Korte, Norbert | 1950 | m | GER | LC Wuppertal | 26:14 |
| 3. | 248 | Schweig, Norbert | 1953 | m | GER | VT Kempen | 29:04 |
| 4. | 93 | Godglück, Hans-Jürgen | 1953 | m | GER | SG Holzheim | 30:12 |

Senioren M65

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|----|-----|-------------------|------|---|-----|--------------|-------|
| 1. | 216 | Schmidt, Winfried | 1948 | m | GER | TUS Köln rrh | 20:42 |
|----|-----|-------------------|------|---|-----|--------------|-------|

Senioren M70

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|----|-----|--------------------|------|---|-----|----------------------|-------|
| 1. | 272 | Kalweit, Siegfried | 1942 | m | GER | TSV Viktoria Mülheim | 26:21 |
|----|-----|--------------------|------|---|-----|----------------------|-------|

Senioren M75

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|----|----|-----------------|------|---|-----|----------------------|-------|
| 1. | 65 | Schoss, Manfred | 1938 | m | GER | LLG 80 Nordpark Köln | 29:53 |
|----|----|-----------------|------|---|-----|----------------------|-------|