

# Energie Cross Neukirchen

## Ergebnisliste AK



| AK-Pl. | Startnr. | Name | Jahrg. | m/w | Nat. | Team/Verein | Zeit |
|--------|----------|------|--------|-----|------|-------------|------|
|--------|----------|------|--------|-----|------|-------------|------|

### 400m Cross U8 männlich

#### Kinder U8

|     |      |                     |      |   |     |                         |       |
|-----|------|---------------------|------|---|-----|-------------------------|-------|
| 1.  | 1606 | Schauerte, Florian  | 2005 | m | GER | SV Rosellen             | 01:40 |
| 2.  | 1635 | Heimann, Matthias   | 2005 | m | GER | Tus Köln rh             | 01:46 |
| 3.  | 1610 | Daniel, Tobias      | 2005 | m | GER | TuS 1889 Buir e.V.      | 01:47 |
| 4.  | 1569 | Schumacher, Tom     | 2005 | m | GER | SG Neukirchen-Hülchrath | 01:50 |
| 5.  | 1577 | Kubant, Christopher | 2006 | m | GER | SG Neukirchen-Hülchrath | 01:52 |
| 6.  | 1560 | Helten, Nico        | 2006 | m | GER | SG Neukirchen-Hülchrath | 02:00 |
| 7.  | 1647 | Grips, Timo         | 2005 | m | GER | FC Straberg             | 02:07 |
| 8.  | 1596 | Groß, Nils          | 2006 | m | GER | SG Neukirchen-Hülchrath | 02:15 |
| 9.  | 1567 | Dicken, Maximilian  | 2007 | m | GER | SG Neukirchen-Hülchrath | 02:16 |
| 10. | 1562 | Herm, Ole           | 2006 | m | GER | SG Neukirchen-Hülchrath | 02:21 |
| 11. | 1609 | Schumacher, Jonas   | 2006 | m | GER | TuS 1889 Buir e.V.      | 02:48 |



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### 400m Cross U8 weiblich

#### Kinder U8

|     |      |                      |      |   |     |                         |       |
|-----|------|----------------------|------|---|-----|-------------------------|-------|
| 1.  | 1591 | Majer, Paulina       | 2005 | w | GER | SG Neukirchen-Hülchrath | 01:32 |
| 2.  | 1643 | Kullmann, Lucie      | 2005 | w | GER | TV Jahn Kapellen        | 01:40 |
| 3.  | 1509 | Christmann, Eva      | 2005 | w | GER | FC Straberg             | 01:44 |
| 4.  | 1592 | Majer, Maxima        | 2006 | w | GER | SG Neukirchen-Hülchrath | 01:44 |
| 5.  | 1574 | Neck, Katharina      | 2005 | w | GER | SG Neukirchen-Hülchrath | 01:45 |
| 6.  | 1504 | Weiffen, Klara-Sofie | 2006 | w | GER | DJK Rheinkraft Neuss    | 01:49 |
| 7.  | 1568 | Griesel, Leonie      | 2005 | w | GER | SG Neukirchen-Hülchrath | 01:51 |
| 8.  | 1575 | Matheisen, Lucie     | 2005 | w | GER | SG Neukirchen-Hülchrath | 01:58 |
| 9.  | 1576 | Diels, Karla         | 2005 | w | GER | SG Neukirchen-Hülchrath | 02:13 |
| 10. | 1593 | Majer, Tiara         | 2007 | w | GER | SG Neukirchen-Hülchrath | 02:28 |



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AK-Pl. Startnr. Name Jahrg. m/w Nat. Team/Verein Zeit

### 800m Cross U10 männlich

#### Kinder (männlich) U10

|     |      |                     |      |   |     |                         |       |
|-----|------|---------------------|------|---|-----|-------------------------|-------|
| 1.  | 1645 | Krämer, Jakob       | 2003 | m | GER | VfL Engelskirchen       | 03:14 |
| 2.  | 1649 | Weinitschke, Jarne  | 2003 | m | GER | DJK Holzbüttgen         | 03:20 |
| 3.  | 1615 | Elmali, Cenk        | 2003 | m | GER | TuS 1889 Buir e.V.      | 03:33 |
| 4.  | 1651 | Daniels, Justin     | 2004 | m | GER | SG Neukirchen-Hülchrath | 03:33 |
| 5.  | 1530 | Sengstock, Robin    | 2004 | m | GER | Preussen Krefeld LA     | 03:42 |
| 6.  | 1521 | Hanst, Erik         | 2004 | m | GER | LG MTVD Köln            | 03:44 |
| 7.  | 1653 | Krumbiegel, Justus  | 2004 | m | GER | SG Neukirchen-Hülchrath | 03:53 |
| 8.  | 1561 | Helten, Timo        | 2003 | m | GER | SG Neukirchen-Hülchrath | 03:54 |
| 9.  | 1639 | Lodderstedt, Hannes | 2003 | m | GER | TV Jahn Kapellen        | 03:59 |
| 10. | 1611 | Wallfaß, Noah       | 2004 | m | GER | TuS 1889 Buir e.V.      | 04:01 |
| 11. | 1550 | Koll, Lucas         | 2003 | m | GER | Realschule Jüchen       | 04:03 |
| 12. | 1640 | Hartwich, Henri     | 2003 | m | GER | TV Jahn Kapellen        | 04:08 |
| 13. | 1633 | Gohl, Matthiew      | 2003 | m | GER | Tus Köln rrh            | 04:08 |
| 14. | 1641 | Buchholz, Markus    | 2003 | m | GER | TV Jahn Kapellen        | 04:12 |
| 15. | 1650 | Schmalz, Luca       | 2004 | m | GER | SG Neukirchen-Hülchrath | 04:16 |
| 16. | 1642 | Buchholz, Thomas    | 2004 | m | GER | TV Jahn Kapellen        | 04:23 |
| 17. | 1572 | Hachisuka, Thilo    | 2004 | m | GER | SG Neukirchen-Hülchrath | 04:31 |
| 18. | 1652 | Schmidt, Kelvin     | 2004 | m | GER | SG Neukirchen-Hülchrath | 06:00 |



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| <b>800m Cross U10 weiblich</b> |          |                    |        |     |      |                              |       |
| <b>Kinder (weiblich) U10</b>   |          |                    |        |     |      |                              |       |
| 1.                             | 1636     | Raffel, Caroline   | 2003   | w   | GER  | TV Angermund von 1909        | 03:35 |
| 2.                             | 1595     | Körsgen, Kemi      | 2004   | w   | GER  | SG Neukirchen-Hülchrath      | 03:37 |
| 3.                             | 1508     | Buchartz, Angelina | 2003   | w   | GER  | FC Straberg                  | 03:40 |
| 4.                             | 1515     | Uthof, Emma        | 2003   | w   | GER  | LAV Bayer Uerdingen/Dormagen | 03:53 |
| 5.                             | 1566     | Dicken, Katharina  | 2004   | w   | GER  | SG Neukirchen-Hülchrath      | 03:54 |
| 6.                             | 1570     | Janssen, Franka    | 2004   | w   | GER  | SG Neukirchen-Hülchrath      | 03:54 |
| 7.                             | 1587     | Böcker, Blomma     | 2003   | w   | GER  | SG Neukirchen-Hülchrath      | 03:58 |
| 8.                             | 1573     | Neck, Franziska    | 2003   | w   | GER  | SG Neukirchen-Hülchrath      | 04:04 |
| 9.                             | 1584     | Hasberg, Leonie    | 2004   | w   | GER  | SG Neukirchen-Hülchrath      | 04:06 |
| 10.                            | 1613     | Dahm, Marina       | 2004   | w   | GER  | TuS 1889 Buir e.V.           | 04:07 |
| 11.                            | 1612     | Tiedemann, Marie   | 2004   | w   | GER  | TuS 1889 Buir e.V.           | 04:10 |
| 12.                            | 1527     | Kautz, Ella        | 2003   | w   | GER  | LG MTVD Köln                 | 04:20 |
| 13.                            | 1563     | Herm, Neele        | 2004   | w   | GER  | SG Neukirchen-Hülchrath      | 04:21 |
| 14.                            | 1539     | Propp, Julia       | 2003   | w   | GER  | Realschule Jüchen            | 04:26 |
| 15.                            | 1590     | Hütten, Julia      | 2003   | w   | GER  | SG Neukirchen-Hülchrath      | 04:26 |
| 16.                            | 1585     | Hasberg, Louisa    | 2004   | w   | GER  | SG Neukirchen-Hülchrath      | 04:29 |



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# Energie Cross Neukirchen

## Ergebnisliste AK



AK-Pl. Startnr. Name Jahrg. m/w Nat. Team/Verein Zeit

### 1200m Cross U12 männlich

#### Kinder (männlich) U12

|     |      |                       |      |   |     |                              |       |
|-----|------|-----------------------|------|---|-----|------------------------------|-------|
| 1.  | 1503 | Olschowsky, Jan Jakob | 2001 | m | GER | DJK Kleinenbroich            | 04:29 |
| 2.  | 1516 | Mock, Samuel          | 2002 | m | GER | LAV Bayer Uerdingen/Dormagen | 04:39 |
| 3.  | 1646 | Stein, Jannik         | 2001 | m | GER | VfL Engelskirchen            | 04:44 |
| 4.  | 1513 | Grot, Timo            | 2002 | m | GER | LAC Mausbach                 | 04:48 |
| 5.  | 1529 | Wittmann, Felix       | 2002 | m | GER | LSG Eschweiler               | 04:52 |
| 6.  | 1629 | Kaufmann, Niklas      | 2002 | m | GER | TuS Köln rrh                 | 04:58 |
| 7.  | 1637 | Raffel, Leonard       | 2001 | m | GER | TV Angermund von 1909        | 04:59 |
| 8.  | 1631 | Höller, Luis          | 2002 | m | GER | TuS Köln rrh                 | 05:09 |
| 9.  | 1632 | Gohl, John            | 2001 | m | GER | TuS Köln rrh                 | 05:14 |
| 10. | 1544 | Kuhn, Niklas          | 2001 | m | GER | Realschule Jüchen            | 05:17 |
| 11. | 1571 | Janssen, Lukas        | 2001 | m | GER | SG Neukirchen-Hülchrath      | 05:19 |
| 12. | 1512 | Reich, Niklas         | 2001 | m | GER | LAC Mausbach                 | 05:19 |
| 13. | 1619 | Stingl, Felix         | 2002 | m | GER | TuS 1889 Buir e.V.           | 05:23 |
| 14. | 1525 | Hanst, Simon          | 2002 | m | GER | LG MTVD Köln                 | 05:26 |
| 15. | 1644 | Müller, Marvin        | 2002 | m | GER | VfL Engelskirchen            | 05:27 |
| 16. | 1654 | Kremer, Malte         | 2002 | m | GER | LAZ Mönchengladbach          | 05:28 |
| 17. | 1638 | Mertsching, Marc      | 2001 | m | GER | TV Jahn Kapellen             | 05:28 |
| 18. | 1564 | Lewark, Noah          | 2002 | m | GER | SG Neukirchen-Hülchrath      | 05:30 |
| 19. | 1618 | Khan, Josha           | 2002 | m | GER | TuS 1889 Buir e.V.           | 05:34 |
| 20. | 1543 | Kovaltschuk, Anton    | 2001 | m | GER | Realschule Jüchen            | 05:49 |
| 21. | 1531 | Rama, Florian         | 2001 | m | GER | Realschule Jüchen            | 06:34 |
| 22. | 1538 | Propp, Steven         | 2001 | m | GER | Realschule Jüchen            | 06:38 |
| 23. | 1532 | Rama, Anian           | 2002 | m | GER | Realschule Jüchen            | 06:45 |
| 24. | 1540 | Wolff, Marc           | 2001 | m | GER | Realschule Jüchen            | 06:51 |
| 25. | 1551 | Netzer, Gerrit        | 2001 | m | GER | Realschule Jüchen            | 06:57 |
| 26. | 1549 | Schiffer, Tim         | 2001 | m | GER | Realschule Jüchen            | 07:05 |
| 27. | 1535 | Eitel, Marvin         | 2001 | m | GER | Realschule Jüchen            | 07:26 |
| 28. | 1552 | Kiefer, Christian     | 2001 | m | GER | Realschule Jüchen            | 08:30 |
| 29. | 1620 | Schmidt, Simon        | 2002 | m | GER | TuS 1889 Buir e.V.           | 08:31 |



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# Energie Cross Neukirchen

## Ergebnisliste AK



AK-Pl. Startnr. Name Jahrg. m/w Nat. Team/Verein Zeit

### 1200m Cross U12 weiblich

#### Kinder (weiblich) U12

|     |      |                              |      |   |     |                         |       |
|-----|------|------------------------------|------|---|-----|-------------------------|-------|
| 1.  | 1519 | Schulte-Wermlinghoff, Teresa | 2002 | w | GER | LG Dorsten              | 04:46 |
| 2.  | 1517 | Hintze, Julia                | 2001 | w | GER | LC Duisburg             | 04:52 |
| 3.  | 1502 | Gudermann, Nele              | 2001 | w | GER | ASV Köln                | 04:53 |
| 4.  | 1505 | Schulte, Lea                 | 2002 | w | GER | DJK Tusa 06 Düsseldorf  | 05:31 |
| 5.  | 1511 | Federwisch, Anja             | 2002 | w | GER | FC Straberg             | 05:40 |
| 6.  | 1626 | Wallfaß, Selin               | 2001 | w | GER | TuS 1889 Buir e.V.      | 05:50 |
| 7.  | 1533 | Pfannkuch, Katharina         | 2001 | w | GER | Realschule Jüchen       | 05:55 |
| 8.  | 1579 | Reiffenrath, Julie           | 2001 | w | GER | SG Neukirchen-Hülchrath | 06:04 |
| 9.  | 1510 | Schultes, Marie              | 2002 | w | GER | FC Straberg             | 06:19 |
| 10. | 1541 | Altmann, Emma-Johanna        | 2001 | w | GER | Realschule Jüchen       | 06:32 |
| 11. | 1548 | Koll, Marie                  | 2001 | w | GER | Realschule Jüchen       | 07:43 |
| 12. | 1536 | Volaschin, Vanessa           | 2001 | w | GER | Realschule Jüchen       | 07:51 |
| 13. | 1537 | Kischinek, Kristina          | 2001 | w | GER | Realschule Jüchen       | 07:51 |
| 14. | 1546 | Pysny, Regina                | 2001 | w | GER | Realschule Jüchen       | 08:16 |



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**AK-Pl. Startnr. Name Jahrg. m/w Nat. Team/Verein Zeit**

### Lauf der Fahrschule "i drive" M/WJ U18 + U20 ca. 4.200 m mit Team-Challenge U18 + U20

#### weibliche Jugend U20

|    |     |                 |      |   |     |                     |       |
|----|-----|-----------------|------|---|-----|---------------------|-------|
| 1. | 394 | Meisel, Aline   | 1994 | w | GER | VfL Engelskirchen   | 17:39 |
| 2. | 840 | Nordsiek, Julia | 1994 | w | GER | Team NRW            | 18:02 |
| 3. | 354 | Neelshen, Merit | 1994 | w | GER | SSG Königswinter    | 18:41 |
| 4. | 841 | Nordsiek, Sarah | 1994 | w | GER | Team NRW            | 19:16 |
| 5. | 117 | Hansen, Hannah  | 1994 | w | GER | LAZ Mönchengladbach | 19:48 |

#### weibliche Jugend U18

|     |     |                         |      |   |     |                         |       |
|-----|-----|-------------------------|------|---|-----|-------------------------|-------|
| 1.  | 820 | Gerdes, Christina       | 1995 | w | GER | Team Niedersachsen      | 16:00 |
| 2.  | 856 | Speicher, Alrun         | 1995 | w | GER | Team NRW                | 16:02 |
| 3.  | 843 | Nieland, Jasmin         | 1995 | w | GER | Team NRW                | 16:12 |
| 4.  | 857 | Hohmeier, Inka          | 1995 | w | GER | Team NRW                | 16:20 |
| 5.  | 836 | Wrede, Marina           | 1996 | w | GER | Team NRW                | 16:31 |
| 6.  | 854 | Hundeborn, Inga         | 1996 | w | GER | Team NRW                | 16:33 |
| 7.  | 862 | Basner, Louisa          | 1996 | w | GER | Team NRW                | 17:08 |
| 8.  | 357 | Cronenberg, Ann-Kathrin | 1996 | w | GER | SSG Königswinter        | 17:15 |
| 9.  | 386 | Eisenberg, Rebecca      | 1995 | w | GER | TV Wattenscheid 01      | 17:47 |
| 10. | 133 | Etzel, Tabea            | 1995 | w | GER | LG Ameln/Linnich        | 18:04 |
| 11. | 884 | Gebhardt, Leonie        | 1996 | w | GER | SFD'75 Düsseldorf       | 18:38 |
| 12. | 329 | Nellessen, Kathrin      | 1996 | w | GER | SG Neukirchen-Hülchrath | 21:38 |

#### männliche Jugend U20

|     |     |                        |      |   |     |                    |       |
|-----|-----|------------------------|------|---|-----|--------------------|-------|
| 1.  | 842 | Pfeiffer, Hendrik      | 1993 | m | GER | Team NRW           | 13:03 |
| 2.  | 818 | Dahl-Jessen, Mikkel    | 1994 | m | DEN | Team Dänemark      | 13:03 |
| 3.  | 817 | Glas, Peter            | 1993 | m | DEN | Team Dänemark      | 13:17 |
| 4.  | 835 | Sirnes Hjellum, Magnus | 1994 | m | NOR | Team Norwegen      | 13:26 |
| 5.  | 834 | Frost Bø, Jørgen       | 1994 | m | NOR | Team Norwegen      | 13:28 |
| 6.  | 833 | Klungland, Stian       | 1993 | m | NOR | Team Norwegen      | 13:30 |
| 7.  | 807 | Raess, Jonas           | 1994 | m | SUI | Swiss Athletics    | 13:31 |
| 8.  | 81  | Schreiner, Kilian      | 1993 | m | GER | Team Deutschland   | 13:37 |
| 9.  | 814 | Rønn, Marcus           | 1993 | m | DEN | Team Dänemark      | 13:45 |
| 10. | 845 | Küpper, Timo           | 1994 | m | GER | Team NRW           | 13:49 |
| 11. | 801 | Ungersböck, Pascal     | 1994 | m | SUI | Swiss Athletics    | 13:51 |
| 12. | 795 | Lussy, Florian         | 1994 | m | SUI | Swiss Athletics    | 13:56 |
| 13. | 855 | Stephan, Oliver        | 1993 | m | GER | Team NRW           | 14:00 |
| 14. | 812 | Tromp Permin, Martin   | 1993 | m | DEN | Team Dänemark      | 14:05 |
| 15. | 790 | Heese, Jost-Lennart    | 1994 | m | GER | Team Deutschland   | 14:05 |
| 16. | 125 | Müller, Marco          | 1993 | m | GER | LC Euskirchen      | 14:06 |
| 17. | 138 | Müller, Jonas          | 1994 | m | GER | Team Deutschland   | 14:06 |
| 18. | 139 | Braun, Sebastian       | 1994 | m | GER | Team Deutschland   | 14:31 |
| 19. | 385 | Schiller, Schiller     | 1994 | m | GER | TV Wattenscheid 01 | 15:19 |
| 20. | 82  | Göhring, Paul          | 1994 | m | GER | Team Deutschland   | 15:23 |
| 21. | 889 | Zill, Pierre           | 1994 | m | GER | SFD'75 Düsseldorf  | 15:30 |
| 22. | 890 | Fabian, Max            | 1994 | m | GER | SFD'75 Düsseldorf  | 15:40 |



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|-----------------------------|----------|-----------------------|--------|-----|------|--------------------|-------|
| <b>männliche Jugend U18</b> |          |                       |        |     |      |                    |       |
| 1.                          | 819      | Hülskamp, Andreas     | 1995   | m   | GER  | Team Niedersachsen | 14:04 |
| 2.                          | 859      | Boddenberg, Felix     | 1996   | m   | GER  | Team NRW           | 14:25 |
| 3.                          | 888      | Thorwirth, Maximilian | 1995   | m   | GER  | Team NRW           | 14:39 |
| 4.                          | 123      | Schmude, Philipp      | 1995   | m   | GER  | LC Duisburg        | 14:41 |
| 5.                          | 129      | Petri, Philipp        | 1995   | m   | GER  | Team NRW           | 14:47 |
| 6.                          | 112      | Schmidt, Kai          | 1996   | m   | GER  | Team NRW           | 14:48 |
| 7.                          | 852      | Hoffmann, Jonas       | 1996   | m   | GER  | Team NRW           | 14:55 |
| 8.                          | 822      | Valentin, David       | 1996   | m   | GER  | Team Niedersachsen | 14:59 |
| 9.                          | 364      | Kern, Philipp         | 1995   | m   | GER  | TG Dietlingen      | 15:01 |
| 10.                         | 821      | Seelhöfer, Jannik     | 1996   | m   | GER  | Team Niedersachsen | 15:18 |
| 11.                         | 140      | Gandoy Bürger, Moritz | 1996   | m   | GER  | Team NRW           | 15:38 |
| 12.                         | 887      | Danwitz, von, Lars    | 1996   | m   | GER  | SFD'75 Düsseldorf  | 16:09 |
| 13.                         | 132      | Hüttner, Gabriel      | 1996   | m   | GER  | LG Ameln/Linnich   | 16:30 |
| 14.                         | 356      | Melzer, Tim           | 1996   | m   | GER  | SSG Königswinter   | 16:56 |
| 15.                         | 253      | Söth, Niklas          | 1996   | m   | GER  | Realschule Jüchen  | 17:15 |
| 16.                         | 393      | Schwarz, Julian       | 1996   | m   | GER  | VfL Engelskirchen  | 18:26 |
| 17.                         | 201      | Buk, Timo             | 1996   | m   | GER  | Realschule Jüchen  | 19:35 |
| 18.                         | 186      | Kurzawiak, Marcel     | 1996   | m   | GER  | Realschule Jüchen  | 20:55 |
| 19.                         | 208      | Böhm, Alexander       | 1996   | m   | GER  | Realschule Jüchen  | 22:01 |
| 20.                         | 203      | Krause, Niklas        | 1996   | m   | GER  | Realschule Jüchen  | 22:07 |
| 21.                         | 180      | Zanders, Jan          | 1995   | m   | GER  | Realschule Jüchen  | 29:41 |
| 22.                         | 182      | Schroeder, Florian    | 1996   | m   | GER  | Realschule Jüchen  | 29:48 |



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# Energie Cross Neukirchen

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AK-Pl. Startnr. Name Jahrg. m/w Nat. Team/Verein Zeit

### Runners Point Lauf: Cross der Asse & U23 weiblich Team Challenge

#### Frauen

|     |     |                     |      |   |     |                       |       |
|-----|-----|---------------------|------|---|-----|-----------------------|-------|
| 1.  | 381 | Gebrehiwot, Eleni   | 1984 | w | ETH | TV Wattenscheid 01    | 16:56 |
| 2.  | 362 | Hahn, Susanne       | 1978 | w | GER | SV Schlau.com Saar 05 | 17:25 |
| 3.  | 894 | Aehling, Carolin    | 1989 | w | GER | LG Coesfeld           | 17:26 |
| 4.  | 435 | Oliveras, Elodie    | 1976 | w | FRA | CISM Team Frankreich  | 17:33 |
| 5.  | 351 | Dreier, Verena      | 1985 | w | GER | SG Wenden             | 17:45 |
| 6.  | 436 | Oliveras, Carmen    | 1971 | w | FRA | CISM Team Frankreich  | 17:47 |
| 7.  | 798 | Flück, Joëlle       | 1986 | w | SUI | Swiss Athletics       | 17:49 |
| 8.  | 433 | Da Ponte, Nathalie  | 1978 | w | FRA | CISM Team Frankreich  | 18:26 |
| 9.  | 409 | Schindler, Cornelia | 1976 | w | GER | Bundeswehr CISM Cross | 18:34 |
| 10. | 434 | Duvernay, Sophie    | 1976 | w | FRA | CISM Team Frankreich  | 18:40 |
| 11. | 376 | Mannsdörfer, Katrin | 1985 | w | GER | TV Neulingen          | 19:35 |
| 12. | 473 | Jessen, Cacilia     | 1985 | w | SWE | CISM Team Schweden    | 20:00 |
| 13. | 472 | Hökerberg, Elisabet | 1984 | w | SWE | CISM Team Schweden    | 20:31 |
| 14. | 31  | Reichle, Stafanie   | 1986 | w | GER | Bundeswehr CISM Cross | 21:36 |
| 15. | 623 | Kroot, Evelien      | 1988 | w | NED | Royal Dutch Academy   | 23:05 |
| 16. | 445 | Bruls, Cindy        | 1983 | w | NED | CISM Team Niederlande | 23:28 |

#### Juniorinnen U23

|     |     |                             |      |   |     |                       |       |
|-----|-----|-----------------------------|------|---|-----|-----------------------|-------|
| 1.  | 815 | Glad, Simone                | 1990 | w | DEN | Team Dänemark         | 17:42 |
| 2.  | 134 | Burkard, Elena              | 1992 | w | GER | Team Deutschland      | 17:48 |
| 3.  | 826 | Berge, Frida                | 1994 | w | NOR | Team Norwegen         | 18:12 |
| 4.  | 827 | Helle, Kristine             | 1994 | w | NOR | Team Norwegen         | 18:15 |
| 5.  | 358 | Heinrich, Maria             | 1990 | w | GER | Team Deutschland      | 18:16 |
| 6.  | 825 | Egeland Skatteboe, Karoline | 1993 | w | NOR | Team Norwegen         | 18:17 |
| 7.  | 823 | Jervell Våg, Sigrid         | 1992 | w | NOR | Team Norwegen         | 18:32 |
| 8.  | 113 | Stemper, Melanie            | 1991 | w | GER | LAG Mittlere Isar     | 18:34 |
| 9.  | 824 | Østerås, Ida                | 1993 | w | NOR | Team Norwegen         | 18:41 |
| 10. | 800 | Müller, Christine           | 1993 | w | SUI | Swiss Athletics       | 18:55 |
| 11. | 87  | Jaschke, Lisa               | 1990 | w | GER | Team Deutschland      | 18:58 |
| 12. | 802 | Freiburghaus, Irina         | 1993 | w | SUI | Swiss Athletics       | 19:11 |
| 13. | 799 | Meier, Andrea               | 1993 | w | SUI | Swiss Athletics       | 19:13 |
| 14. | 791 | Dagher, Nadia               | 1990 | w | GER | Team Deutschland      | 19:14 |
| 15. | 797 | Teller, Ramona              | 1994 | w | SUI | Swiss Athletics       | 19:26 |
| 16. | 806 | Matzinger, Chantal          | 1991 | w | SUI | Swiss Athletics       | 19:43 |
| 17. | 26  | Rausch, Monika              | 1990 | w | GER | Bundeswehr CISM Cross | 19:58 |



VORWEG GEHEN



AK-Pl. Startnr. Name Jahrg. m/w Nat. Team/Verein Zeit

### Lauf der Sparkasse Neuss: Cross der Asse und U23 männlich Team-Challenge

#### Männer

|     |     |                        |      |   |     |                             |       |
|-----|-----|------------------------|------|---|-----|-----------------------------|-------|
| 1.  | 440 | Ismaili, Youssef       |      | m | FRA | CISM Team Frankreich        | 23:17 |
| 2.  | 154 | Flügel, Julian         | 1986 | m | GER | LG TELIS FINANZ Regensburg  | 23:19 |
| 3.  | 151 | Martel, Zelalem        | 1986 | m | GER | LG Neckar Enz               | 23:20 |
| 4.  | 438 | Zbairi, Abderazak      | 1980 | m | FRA | CISM Team Frankreich        | 23:23 |
| 5.  | 428 | Roba-Kinkal, Musa      | 1989 | m | GER | Bundeswehr CISM Cross       | 23:23 |
| 6.  | 809 | Lindberg, Brian        | 1984 | m | DEN | Team Dänemark               | 23:24 |
| 7.  | 77  | Rybak, Vitaly          | 1980 | m | UKR | ART Düsseldorf              | 23:25 |
| 8.  | 498 | Brügger, Michel        | 1981 | m | SUI | CISM Team Schweiz           | 23:26 |
| 9.  | 8   | Ali, Mohamed           | 1989 | m | SOM |                             | 23:36 |
| 10. | 439 | Munyutu, Simon         |      | m | FRA | CISM Team Frankreich        | 23:37 |
| 11. | 383 | Lohse, Christoph       | 1983 | m | GER | TV Wattenscheid 01          | 23:38 |
| 12. | 5   | El Hachimi, Abdelhadi  | 1974 | m | MAR |                             | 23:44 |
| 13. | 429 | van Steen, Maarten     | 1980 | m | BEL | CISM Team Belgien           | 24:01 |
| 14. | 811 | Falch Larsen, Steffen  | 1989 | m | DEN | Team Dänemark               | 24:04 |
| 15. | 141 | Tirfesa Tufa, Alemu    | 1989 | m | ETH | LG Hof                      | 24:07 |
| 16. | 864 | Guibault, Thierry      | 1974 | m | FRA | CISM Team Frankreich        | 24:08 |
| 17. | 621 | Morgenthaler, Johannes | 1979 | m | SUI | CISM Team Schweiz           | 24:10 |
| 18. | 39  | Meißgeier, Markus      | 1982 | m | GER | Bundeswehr CISM Cross       | 24:13 |
| 19. | 437 | Merzougui, Hakim       | 1980 | m | FRA | CISM Team Frankreich        | 24:16 |
| 20. | 525 | Mathys, Christian      | 1987 | m | SUI | CISM Team Schweiz           | 24:19 |
| 21. | 863 | Schmidt, Daniel        | 1986 | m | GER | LT DSHS Köln                | 24:25 |
| 22. | 6   | Benslimane, Mostafa    | 1978 | m | MAR |                             | 24:28 |
| 23. | 432 | Depoortere, Dries      | 1985 | m | BEL | CISM Team Belgien           | 24:35 |
| 24. | 579 | Ackeret, Christian     | 1988 | m | SUI | CISM Team Schweiz           | 24:38 |
| 25. | 152 | Meier, Frank           | 1988 | m | GER | LG Olympia Dortmund         | 24:54 |
| 26. | 72  | Bischoff, Marcel       | 1987 | m | GER | Aachener TG                 | 24:57 |
| 27. | 73  | Keil-Forneck, Andreas  | 1987 | m | GER | Aachener TG                 | 25:03 |
| 28. | 4   | Busselot, Dries        | 1983 | m | BEL |                             | 25:10 |
| 29. | 476 | Jørgensen, Simon       | 1982 | m | SWE | CISM Team Schweden          | 25:13 |
| 30. | 565 | Lötscher, Dominik      | 1984 | m | SUI | CISM Team Schweiz           | 25:16 |
| 31. | 418 | Puechel, Frank         | 1982 | m | GER | Bundeswehr CISM Cross       | 25:30 |
| 32. | 816 | Massaro, Steffen       | 1983 | m | DEN | Team Dänemark               | 25:33 |
| 33. | 377 | Wagner, Sebastian      | 1988 | m | GER | TV Refrath                  | 25:39 |
| 34. | 9   | Kanfaoui, Said         | 1973 | m | MAR |                             | 25:47 |
| 35. | 421 | Willbrandt, Maik       | 1986 | m | GER | Bundeswehr CISM Cross       | 25:48 |
| 36. | 155 | Eickel, Klaus          | 1985 | m | GER | LGO Bochum                  | 26:18 |
| 37. | 898 | Kuk, von, Carsten      | 1967 | m | GER | LT DSHS Köln                | 26:24 |
| 38. | 474 | Bill, Marcus           | 1980 | m | SWE | CISM Team Schweden          | 26:38 |
| 39. | 136 | Pütsch, Alexander      | 1988 | m | GER | LG Badenova Nordschwarzwald | 26:43 |
| 40. | 426 | Jungton, Johannes      | 1979 | m | GER | Bundeswehr CISM Cross       | 26:44 |
| 41. | 142 | Rosenberg, Daniel      | 1988 | m | GER | LG Hof                      | 27:09 |
| 42. | 417 | Schwalbe, Henrik       | 1989 | m | GER | Bundeswehr CISM Cross       | 27:12 |
| 43. | 441 | Kieffer, Fabian        | 1986 | m | LUX | CISM Team Luxemburg         | 27:14 |



# Energie Cross Neukirchen

## Ergebnisliste AK



| AK-Pl. | Startnr. | Name                 | Jahrg. | m/w | Nat. | Team/Verein           | Zeit  |
|--------|----------|----------------------|--------|-----|------|-----------------------|-------|
| 44.    | 477      | Althoff, Richard     | 1973   | m   | SWE  | CISM Team Schweden    | 27:16 |
| 45.    | 475      | Karlsson, Daniel     | 1984   | m   | SWE  | CISM Team Schweden    | 27:31 |
| 46.    | 471      | Wezeman, Rogier      | 1986   | m   | NED  | CISM Team Niederlande | 27:32 |
| 47.    | 90       | Schäfer, Torsten     | 1989   | m   | GER  | ASV Köln              | 27:35 |
| 48.    | 442      | Papi, Dany           | 1979   | m   | LUX  | CISM Team Luxemburg   | 27:38 |
| 49.    | 470      | de Noord, Hans       | 1988   | m   | NED  | CISM Team Niederlande | 27:40 |
| 50.    | 443      | Nothar, David        | 1987   | m   | LUX  | CISM Team Luxemburg   | 28:22 |
| 51.    | 444      | Paderhuber, Oliver   | 1981   | m   | LUX  | CISM Team Luxemburg   | 28:30 |
| 52.    | 427      | Mülder, Maurice      | 1988   | m   | GER  | Bundeswehr CISM Cross | 28:33 |
| 53.    | 249      | Löw, Michael         | 1986   | m   | GER  | Bundeswehr CISM Cross | 29:04 |
| 54.    | 92       | Breitbach, Dominik   | 1986   | m   | GER  | ASV Köln              | 29:32 |
| 55.    | 416      | Heuel, Sven          | 1981   | m   | GER  | Bundeswehr CISM Cross | 29:41 |
| 56.    | 420      | Gruber, Lukas        | 1979   | m   | GER  | Bundeswehr CISM Cross | 29:45 |
| 57.    | 450      | van Beekveld, Pieter |        | m   | NED  | CISM Team Niederlande | 30:46 |
| 58.    | 710      | den Houdt, Erik      | 1989   | m   | NED  | Royal Dutch Academy   | 31:30 |

### Junioren U23

|     |     |                         |      |   |     |                          |       |
|-----|-----|-------------------------|------|---|-----|--------------------------|-------|
| 1.  | 813 | Hakin Ulad, Abdi        | 1991 | m | DEN | Team Dänemark            | 23:20 |
| 2.  | 135 | Karus, Benedikt         | 1990 | m | GER | Team Deutschland         | 23:24 |
| 3.  | 70  | Gröschel, Tom           | 1991 | m | GER | Team Deutschland         | 23:53 |
| 4.  | 865 | Meier, Karsten          | 1991 | m | GER | Team Deutschland         | 24:04 |
| 5.  | 828 | Alnes, Johannes         | 1990 | m | NOR | Team Norwegen            | 24:16 |
| 6.  | 379 | Hillesheim, Moritz      | 1990 | m | GER | TV Waldstrasse Wiesbaden | 24:21 |
| 7.  | 384 | Beverungen, Jonas       | 1990 | m | GER | Team Deutschland         | 24:27 |
| 8.  | 808 | Engelhardt, Adriano     | 1992 | m | SUI | Swiss Athletics          | 24:34 |
| 9.  | 804 | Piller, Jari            | 1990 | m | SUI | Swiss Athletics          | 24:43 |
| 10. | 805 | Schaller, Laurent       | 1990 | m | SUI | Swiss Athletics          | 24:49 |
| 11. | 853 | Dillenhöfer, Fabian     | 1992 | m | GER | Team NRW                 | 24:52 |
| 12. | 829 | Lurås Hammer, Jonas     | 1990 | m | NOR | Team Norwegen            | 25:07 |
| 13. | 893 | Alfen, Felix            | 1990 | m | GER | LT DSHS Köln             | 25:08 |
| 14. | 796 | Rüttimann, Eric         | 1992 | m | SUI | Swiss Athletics          | 25:16 |
| 15. | 431 | Michiels, Jasper        | 1991 | m | BEL | CISM Team Belgien        | 25:22 |
| 16. | 830 | Mukhtar Adam, Ahmad     | 1992 | m | NOR | Team Norwegen            | 25:24 |
| 17. | 80  | Hirschhäuser, Alexander | 1992 | m | GER | ASC 1990 Breidenbach     | 25:40 |
| 18. | 430 | Bierinckx, Vincent      | 1990 | m | BEL | CISM Team Belgien        | 25:44 |
| 19. | 794 | Niederhauser, Janik     | 1991 | m | SUI | Swiss Athletics          | 25:46 |
| 20. | 793 | Frei, Raphael           | 1991 | m | SUI | Swiss Athletics          | 25:46 |
| 21. | 788 | Wienecke, Jonas         | 1992 | m | GER | Crossteam Berlin         | 25:49 |
| 22. | 851 | Zens, Lucas             | 1992 | m | GER | Team NRW                 | 26:35 |
| 23. | 810 | Laumann Hartlev, Kasper | 1991 | m | DEN | Team Dänemark            | 26:41 |
| 24. | 449 | Lemstra, Ynte           | 1990 | m | NED | CISM Team Niederlande    | 27:02 |
| 25. | 789 | Resow, Christopher      | 1992 | m | GER | Crossteam Berlin         | 27:15 |
| 26. | 848 | Hemkes, Lucas           | 1992 | m | GER | Team NRW                 | 27:18 |
| 27. | 831 | Ottosen, Elias          | 1993 | m | NOR | Team Norwegen            | 27:32 |
| 28. | 785 | Kok, Hajo               | 1992 | m | NED | Royal Dutch Academy      | 29:03 |
| 29. | 786 | Roos, Bernhard          | 1990 | m | NED | Royal Dutch Academy      | 29:47 |



# Energie Cross Neukirchen

## Ergebnisliste AK



| AK-Pl. | Startnr. | Name           | Jahrg. | m/w | Nat. | Team/Verein         | Zeit  |
|--------|----------|----------------|--------|-----|------|---------------------|-------|
| 30.    | 774      | Bouman, Dennis | 1990   | m   | NED  | Royal Dutch Academy | 31:12 |



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# Energie Cross Neukirchen

## Ergebnisliste AK



AK-Pl. Startnr. Name Jahrg. m/w Nat. Team/Verein Zeit

### 2500m Cross U16 weiblich/männlich

#### weibliche Jugend U 16

|     |     |                    |      |   |     |                        |       |
|-----|-----|--------------------|------|---|-----|------------------------|-------|
| 1.  | 849 | Kalis, Mareen      | 1997 | w | GER | Team NRW               | 09:19 |
| 2.  | 858 | Bethan, Johanna    | 1998 | w | GER | Team NRW               | 09:19 |
| 3.  | 847 | Küpper, Johanna    | 1997 | w | GER | Team NRW               | 09:21 |
| 4.  | 116 | Habicht, Leonie    | 1997 | w | GER | LAV Habelrath-Grefrath | 09:48 |
| 5.  | 837 | Reul, Inga         | 1998 | w | GER | Team NRW               | 09:51 |
| 6.  | 839 | Seeberger, Sarah   | 1997 | w | GER | Team NRW               | 10:19 |
| 7.  | 66  | Walter, Franziska  | 1998 | w | GER | ASV Köln               | 10:43 |
| 8.  | 891 | Pfeiffer, Zoe      | 1998 | w | GER | SFD'75 Düsseldorf      | 10:49 |
| 9.  | 792 | Heese, Josephine   | 1997 | w | GER | Crossteam Berlin       | 11:42 |
| 10. | 375 | Günthner, Leonie   | 1997 | w | GER | TV Huchenfeld          | 11:53 |
| 11. | 915 | Sassin, Ricarda    | 1998 | w | GER | SFD'75 Düsseldorf      | 11:58 |
| 12. | 174 | Horchler, Tabea    | 1997 | w | GER | Realschule Jüchen      | 12:01 |
| 13. | 177 | Schwieren, Linn    | 1997 | w | GER | Realschule Jüchen      | 17:40 |
| 14. | 199 | Schneider, Aileen  | 1997 | w | GER | Realschule Jüchen      | 17:41 |
| 15. | 207 | Schleicher, Leoni  | 1997 | w | GER | Realschule Jüchen      | 19:02 |
| 16. | 194 | Pfeiffer, Samantha | 1997 | w | GER | Realschule Jüchen      | 19:41 |

#### männliche Jugend U16

|     |     |                    |      |   |     |                         |       |
|-----|-----|--------------------|------|---|-----|-------------------------|-------|
| 1.  | 850 | Scherr, Julius     | 1997 | m | GER | Team NRW                | 08:38 |
| 2.  | 374 | Neumann, Yannick   | 1997 | m | GER | TV Hoffnungsthal        | 08:54 |
| 3.  | 838 | Metsch, Rafael     | 1998 | m | GER | Team NRW                | 08:59 |
| 4.  | 846 | Noé, Micha         | 1997 | m | GER | Team NRW                | 09:01 |
| 5.  | 359 | Hahn, Domenik      | 1997 | m | GER | SV Büchenbronn          | 09:17 |
| 6.  | 67  | Dusi, Jonas        | 1998 | m | GER | ASV Köln                | 09:30 |
| 7.  | 165 | Schwieren, Mirko   | 1997 | m | GER | Realschule Jüchen       | 09:37 |
| 8.  | 159 | Fahrenbach, Felix  | 1998 | m | GER | Osterather TV           | 09:49 |
| 9.  | 171 | Möcker, Dominik    | 1997 | m | GER | Realschule Jüchen       | 10:16 |
| 10. | 120 | Pfeiffer, Gerrit   | 1998 | m | GER | LAZ Rhede               | 10:48 |
| 11. | 316 | Steins, Dominik    | 1997 | m | GER | SG Neukirchen-Hülchrath | 11:27 |
| 12. | 166 | Offermann, Max     | 1997 | m | GER | Realschule Jüchen       | 11:30 |
| 13. | 321 | Bongartz, Jonas    | 1998 | m | GER | SG Neukirchen-Hülchrath | 11:49 |
| 14. | 312 | Peiffer, Nico      | 1997 | m | GER | SG Neukirchen-Hülchrath | 12:06 |
| 15. | 320 | Bergmann, Tom      | 1998 | m | GER | SG Neukirchen-Hülchrath | 12:06 |
| 16. | 162 | Sistermanns, Remi  | 1997 | m | GER | Realschule Jüchen       | 12:07 |
| 17. | 179 | Reibel, David      | 1997 | m | GER | Realschule Jüchen       | 12:10 |
| 18. | 272 | Gilles, Sven       | 1997 | m | GER | Realschule Jüchen       | 12:11 |
| 19. | 309 | Kräll, Sebastian   | 1997 | m | GER | SG Neukirchen-Hülchrath | 12:13 |
| 20. | 318 | Offer, Johannes    | 1998 | m | GER | SG Neukirchen-Hülchrath | 12:14 |
| 21. | 173 | Müller, Marvin     | 1997 | m | GER | Realschule Jüchen       | 12:24 |
| 22. | 169 | Weimann, John      | 1997 | m | GER | Realschule Jüchen       | 12:50 |
| 23. | 317 | Zimmermann, Dennis | 1997 | m | GER | SG Neukirchen-Hülchrath | 13:40 |
| 24. | 183 | Clasen, Jonas      | 1998 | m | GER | Realschule Jüchen       | 13:44 |
| 25. | 167 | Romboy, Marius     | 1998 | m | GER | Realschule Jüchen       | 14:24 |



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# Energie Cross Neukirchen

## Ergebnisliste AK



| AK-Pl. | Startnr. | Name                       | Jahrg. | m/w | Nat. | Team/Verein             | Zeit  |
|--------|----------|----------------------------|--------|-----|------|-------------------------|-------|
| 26.    | 289      | Stafilarakis, Themistoklis | 1997   | m   | GER  | Realschule Jüchen       | 14:57 |
| 27.    | 305      | Bless, Bastian             | 1997   | m   | GER  | SG Neukirchen-Hülchrath | 15:07 |
| 28.    | 266      | Hompesch, Jannis           | 1998   | m   | GER  | Realschule Jüchen       | 15:07 |
| 29.    | 306      | Brings, Alexander          | 1997   | m   | GER  | SG Neukirchen-Hülchrath | 15:08 |
| 30.    | 191      | Kremer, Markus             | 1997   | m   | GER  | Realschule Jüchen       | 16:05 |
| 31.    | 288      | Schmitz, Tobias            | 1998   | m   | GER  | Realschule Jüchen       | 16:06 |
| 32.    | 307      | Hjeltnes, Adrian           | 1997   | m   | GER  | SG Neukirchen-Hülchrath | 16:35 |
| 33.    | 326      | Sebastian, Philipp         | 1998   | m   | GER  | SG Neukirchen-Hülchrath | 16:36 |



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# Energie Cross Neukirchen

## Ergebnisliste AK



| AK-Pl. | Startnr. | Name | Jahrg. | m/w | Nat. | Team/Verein | Zeit |
|--------|----------|------|--------|-----|------|-------------|------|
|--------|----------|------|--------|-----|------|-------------|------|

### 1700m Cross U14 weiblich/männlich

#### weibliche Jugend U 14

|    |     |                   |      |   |     |                              |       |
|----|-----|-------------------|------|---|-----|------------------------------|-------|
| 1. | 121 | Fleischer, Louisa | 1999 | w | GER | LC Duisburg                  | 06:30 |
| 2. | 127 | Hagen, Male       | 1999 | w | GER | LC Jugend 07 Bergheim        | 06:55 |
| 3. | 114 | Gernoth, Madita   | 1999 | w | GER | LAV Bayer Uerdingen/Dormagen | 07:05 |
| 4. | 370 | Kahle, Miriam     | 2000 | w | GER | Tus Köln rrh                 | 07:13 |
| 5. | 369 | Hertel, Luca      | 2000 | w | GER | Tus Köln rrh                 | 07:14 |
| 6. | 912 | Pröpper, Eva      | 1999 | w | GER | SFD'75 Düsseldorf            | 07:18 |
| 7. | 371 | Koch, Merit       | 2000 | w | GER | Tus Köln rrh                 | 07:41 |
| 8. | 172 | Jendges, Julie    | 2000 | w | GER | Realschule Jüchen            | 09:20 |
| 9. | 192 | Baur, Dana        | 2000 | w | GER | Realschule Jüchen            | 10:47 |

#### männliche Jugend U14

|     |     |                       |      |   |     |                              |       |
|-----|-----|-----------------------|------|---|-----|------------------------------|-------|
| 1.  | 65  | Ricciardi, Roberto    | 1999 | m | GER | ASV Köln                     | 06:22 |
| 2.  | 916 | Kotlin, Luke          | 1999 | m | GER | SFD'75 Düsseldorf            | 06:24 |
| 3.  | 885 | Gebhardt, Janosch     | 2000 | m | GER | SFD'75 Düsseldorf            | 06:26 |
| 4.  | 124 | Hausburg, Marcel      | 2000 | m | GER | LC Duisburg                  | 06:33 |
| 5.  | 327 | Neukirchen, Jan Felix | 2000 | m | GER | SG Neukirchen-Hülchrath      | 06:36 |
| 6.  | 910 | Brüggen, Benedikt     | 1999 | m | GER | Preussen Krefeld LA          | 06:53 |
| 7.  | 94  | Depel, Christopher    | 2000 | m | GER | ASV Köln                     | 06:54 |
| 8.  | 372 | Heimann, Jan          | 2000 | m | GER | Tus Köln rrh                 | 07:13 |
| 9.  | 285 | Hopp, Justin          | 1999 | m | GER | Realschule Jüchen            | 07:19 |
| 10. | 886 | Mock, Justus          | 1999 | m | GER | LAV Bayer Uerdingen/Dormagen | 07:19 |
| 11. | 880 | Schiffer, Max         | 2000 | m | GER | SG Neukirchen-Hülchrath      | 07:28 |
| 12. | 193 | Joeris, Noah          | 1999 | m | GER | Realschule Jüchen            | 07:35 |
| 13. | 373 | Meier, Lukas          | 2000 | m | GER | Tus Köln rrh                 | 07:45 |
| 14. | 392 | Krämer, Maximilian    | 2000 | m | GER | VfL Engelskirchen            | 07:49 |
| 15. | 368 | Dahm, Ben             | 2000 | m | GER | TuS 1889 Buir e.V.           | 07:55 |
| 16. | 163 | Paul Annas, Justin    | 2000 | m | GER | Realschule Jüchen            | 08:57 |
| 17. | 170 | Weimann, Leon         | 2000 | m | GER | Realschule Jüchen            | 08:57 |
| 18. | 204 | Buchholz, Lucas       | 1999 | m | GER | Realschule Jüchen            | 09:56 |
| 19. | 164 | Geilenkirchen, Tim    | 2000 | m | GER | Realschule Jüchen            | 10:04 |
| 20. | 190 | Kremer, Alexander     | 2000 | m | GER | Realschule Jüchen            | 10:33 |



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| AK-Pl. | Startnr. | Name | Jahrg. | m/w | Nat. | Team/Verein | Zeit |
|--------|----------|------|--------|-----|------|-------------|------|
|--------|----------|------|--------|-----|------|-------------|------|

### 5100m Volkscross

#### Frauen

|    |     |                    |      |   |     |                |       |
|----|-----|--------------------|------|---|-----|----------------|-------|
| 1. | 926 | Gusik, Laura       | 1989 | w | GER | TUS Köln rrrh  | 20:23 |
| 2. | 400 | Illing, Anna       | 1988 | w | GER | Z.A.K. Z.A.K.! | 29:53 |
| 3. | 399 | Kramer, Kathrin    | 1984 | w | GER | Z.A.K. Z.A.K.! | 29:54 |
| 4. | 13  | Busselot, Klaartje | 1986 | w | BEL |                | 33:26 |

#### Seniorinnen W30

|    |     |                    |      |   |     |            |       |
|----|-----|--------------------|------|---|-----|------------|-------|
| 1. | 366 | Roszinsky, Mareike | 1980 | w | GER | TriCologne | 26:41 |
| 2. | 59  | Börner, Betina     | 1979 | w | GER |            | 29:16 |

#### Seniorinnen W35

|    |     |                     |      |   |     |              |       |
|----|-----|---------------------|------|---|-----|--------------|-------|
| 1. | 158 | Kanditt, Katja      | 1977 | w | GER | OSC Waldniel | 20:58 |
| 2. | 388 | Morrissey, Marianne | 1974 | w | IRL |              | 26:36 |

#### Seniorinnen W40

|    |     |                   |      |   |     |                |       |
|----|-----|-------------------|------|---|-----|----------------|-------|
| 1. | 936 | Funke, Jacqueline | 1972 | w | GER | ASC Düsseldorf | 20:41 |
| 2. | 40  | Schinköthe, Petra | 1968 | w | GER |                | 25:42 |

#### Seniorinnen W45

|    |     |                    |      |   |     |           |       |
|----|-----|--------------------|------|---|-----|-----------|-------|
| 1. | 144 | Hansmeier, Juliane | 1964 | w | GER | LG Kaarst | 21:41 |
|----|-----|--------------------|------|---|-----|-----------|-------|

#### Seniorinnen W50

|    |     |                 |      |   |     |                         |       |
|----|-----|-----------------|------|---|-----|-------------------------|-------|
| 1. | 897 | Guens, Brigitte | 1960 | w | GER | SG Neukirchen-Hülchrath | 27:34 |
|----|-----|-----------------|------|---|-----|-------------------------|-------|

#### Seniorinnen W55

|    |    |                       |      |   |     |  |       |
|----|----|-----------------------|------|---|-----|--|-------|
| 1. | 14 | van den Eede, Chantal | 1954 | w | BEL |  | 23:28 |
|----|----|-----------------------|------|---|-----|--|-------|

#### Seniorinnen W60

|    |     |                         |      |   |     |               |       |
|----|-----|-------------------------|------|---|-----|---------------|-------|
| 1. | 153 | Dreisfausener, Angelika | 1949 | w | GER | LG Rhein-Erft | 32:50 |
|----|-----|-------------------------|------|---|-----|---------------|-------|

#### weibliche Jugend U 20

|    |     |                  |      |   |     |                         |       |
|----|-----|------------------|------|---|-----|-------------------------|-------|
| 1. | 328 | Nellessen, Meike | 1994 | w | GER | SG Neukirchen-Hülchrath | 25:25 |
| 2. | 906 | Hermann, Anna    | 1994 | w | GER | DJK Novesia Neuss       | 25:33 |

#### weibliche Jugend U 18

|    |     |                |      |   |     |                   |       |
|----|-----|----------------|------|---|-----|-------------------|-------|
| 1. | 905 | Hartmann, Anne | 1995 | w | GER | DJK Novesia Neuss | 25:25 |
|----|-----|----------------|------|---|-----|-------------------|-------|

#### Männer

|    |     |                   |      |   |     |                              |       |
|----|-----|-------------------|------|---|-----|------------------------------|-------|
| 1. | 390 | Hense, Jan        | 1990 | m | GER | VfL Bochum/LA                | 17:11 |
| 2. | 928 | Möller, Jonah     | 1990 | m | GER | LT DSHS Köln                 | 17:19 |
| 3. | 923 | Kirch, Florian    | 1991 | m | GER | Dürener TV 1847              | 17:52 |
| 4. | 918 | Peffer, Thomas    | 1990 | m | GER | ASV Köln                     | 18:04 |
| 5. | 111 | Kaminski, Damian  | 1989 | m | GER | ESV Münster                  | 19:06 |
| 6. | 115 | Uridat, Sebastian | 1990 | m | GER | LAV Bayer Uerdingen/Dormagen | 19:14 |
| 7. | 301 | Knipping, Andreas | 1990 | m | GER | SFD'75 Düsseldorf            | 19:24 |
| 8. | 391 | Timpe, Sebastian  | 1987 | m | GER | VfL Bochum/LA                | 19:38 |
| 9. | 883 | Furch, Anon       | 1991 | m | GER | TV Neulingen                 | 19:49 |





# Energie Cross Neukirchen

## Ergebnisliste AK



| AK-Pl. | Startnr. | Name             | Jahrg. | m/w | Nat. | Team/Verein             | Zeit  |
|--------|----------|------------------|--------|-----|------|-------------------------|-------|
| 10.    | 921      | Hannen, Markus   | 1968   | m   | GER  |                         | 20:20 |
| 11.    | 103      | Ballmann, Kai    | 1989   | m   | GER  | DJK Kleinenbroich       | 20:21 |
| 12.    | 57       | Risko, Sebastian | 1991   | m   | GER  |                         | 20:45 |
| 13.    | 902      | Nichts, Ralf     | 1957   | m   | GER  |                         | 22:13 |
| 14.    | 934      | Pham, Chu-Lam    | 1991   | m   | GER  |                         | 23:40 |
| 15.    | 933      | Fiedler, Tim     | 1988   | m   | GER  | SG Neukirchen-Hülchrath | 29:54 |
| 16.    | 900      | Rymenants, Ken   | 1989   | m   | GER  |                         | 30:34 |

### Senioren M30

|    |     |                      |      |   |     |                        |       |
|----|-----|----------------------|------|---|-----|------------------------|-------|
| 1. | 74  | Quack, Valentin      | 1980 | m | GER | Aachener TG            | 17:23 |
| 2. | 156 | Zimmermann, Jan      | 1982 | m | GER | LT DSHS Köln           | 18:58 |
| 3. | 927 | Rück, Matthias       | 1982 | m | GER | TV Jahn Kapellen       | 19:18 |
| 4. | 107 | Fiekers, Stefan      | 1980 | m | GER | DJK Kleinenbroich      | 20:53 |
| 5. | 361 | Bongen, Ralf         | 1982 | m | GER | SV Germania Dürwiß     | 21:24 |
| 6. | 299 | Ferreira, Claudio    | 1978 | m | GER | Seitenstecher Dormagen | 25:27 |
| 7. | 300 | Szczepanski, Gabriel | 1981 | m | GER | Seitenstecher Dormagen | 25:37 |

### Senioren M35

|    |     |                 |      |   |     |                    |       |
|----|-----|-----------------|------|---|-----|--------------------|-------|
| 1. | 914 | Spillos, Jörg   | 1974 | m | GER | TV Ehrenfeld       | 21:29 |
| 2. | 387 | Förster, Dirk   | 1973 | m | GER | VCS Köln           | 22:33 |
| 3. | 61  | Malecha, Thomas | 1977 | m | GER |                    | 23:17 |
| 4. | 360 | Bongen, Gerd    | 1975 | m | GER | SV Germania Dürwiß | 24:00 |

### Senioren M40

|    |     |                       |      |   |     |                           |       |
|----|-----|-----------------------|------|---|-----|---------------------------|-------|
| 1. | 917 | Kumelis, Daniel       | 1972 | m | GER | Recklinghäuser LC         | 17:28 |
| 2. | 102 | Thapa, Atul           | 1968 | m | GER | DJK Kleinenbroich         | 19:24 |
| 3. | 930 | Kirbach, Peter        | 1969 | m | GER | SG Holzheim               | 19:25 |
| 4. | 290 | Bach, Matthias        | 1968 | m | GER | Realschule Jüchen         | 19:29 |
| 5. | 104 | Fischermann, Thorsten | 1972 | m | GER | DJK Kleinenbroich         | 21:26 |
| 6. | 363 | Kluge, Michael        | 1972 | m | GER | Team Erdinger Alkoholfrei | 28:07 |

### Senioren M45

|     |     |                      |      |   |     |                         |       |
|-----|-----|----------------------|------|---|-----|-------------------------|-------|
| 1.  | 929 | Czarnietzki, Bernd   | 1963 | m | GER | TG Neuss                | 18:33 |
| 2.  | 98  | Rohregger, Robert    | 1964 | m | GER | BSG Sparkasse Bielefeld | 19:20 |
| 3.  | 60  | Lang, Udo            | 1965 | m | GER |                         | 20:37 |
| 4.  | 913 | Zimny, Torsten       | 1963 | m | GER | SFD'75 Düsseldorf       | 21:15 |
| 5.  | 911 | Brüggen, Dr., Volker | 1966 | m | GER | Preussen Krefeld LA     | 21:20 |
| 6.  | 36  | Düsberg, Volker      | 1963 | m | GER |                         | 22:30 |
| 7.  | 106 | Karthaus, Jürgen     | 1963 | m | GER | DJK Kleinenbroich       | 22:37 |
| 8.  | 896 | Poschinski, Fred     | 1964 | m | GER | SG Neukirchen-Hülchrath | 23:25 |
| 9.  | 892 | Mock, Stephan        | 1964 | m | GER | TFV Straberg            | 23:30 |
| 10. | 131 | Olbricht, Uwe        | 1963 | m | GER | leeve losse             | 23:35 |
| 11. | 352 | Filz, Ludwig         | 1965 | m | GER | sportuhrenprofi.de      | 25:32 |

### Senioren M50

|    |     |                  |      |   |     |                     |       |
|----|-----|------------------|------|---|-----|---------------------|-------|
| 1. | 920 | Redlich, Michael | 1961 | m | GER | LAZ Puma Rhein-Sieg | 18:20 |
| 2. | 58  | Zaremba, Uwe     | 1959 | m | GER |                     | 21:27 |
| 3. | 64  | Oelze, Heiko     | 1958 | m | GER |                     | 22:57 |



# Energie Cross Neukirchen

## Ergebnisliste AK



| AK-Pl. | Startnr. | Name                | Jahrg. | m/w | Nat. | Team/Verein | Zeit  |
|--------|----------|---------------------|--------|-----|------|-------------|-------|
| 4.     | 63       | Thönnessen, Stephan | 1960   | m   | GER  |             | 26:33 |
| 5.     | 69       | Rögels, Michael     | 1959   | m   | GER  |             | 27:23 |

### Senioren M55

|    |     |                       |      |   |     |                       |       |
|----|-----|-----------------------|------|---|-----|-----------------------|-------|
| 1. | 75  | Büngeler, Herbert     | 1957 | m | GER | Aachener TG           | 19:11 |
| 2. | 157 | Bebber, Horst         | 1954 | m | GER | Neusser Schwimmverein | 25:13 |
| 3. | 396 | Schweig, Norbert      | 1953 | m | GER | VT 1859 Kempen        | 25:29 |
| 4. | 389 | Pilger, Manfred       | 1955 | m | GER |                       | 25:30 |
| 5. | 303 | Godglück, Hans-Jürgen | 1953 | m | GER | SG Holzheim           | 25:41 |

### Senioren M60

|    |     |                    |      |   |     |                |       |
|----|-----|--------------------|------|---|-----|----------------|-------|
| 1. | 919 | Schmidt, Winfried  | 1948 | m | GER | TUS Köln rrh   | 19:10 |
| 2. | 904 | Lorbach, Heinz     | 1950 | m | GER | TUS Köln rrh   | 19:49 |
| 3. | 935 | Schelauske, Martin | 1948 | m | GER | ASC Düsseldorf | 22:57 |
| 4. | 130 | Korte, Norbert     | 1950 | m | GER | LC Wuppertal   | 23:18 |
| 5. | 397 | Gijsemans, Gustaaf | 1949 | m | BEL | VT 1859 Kempen | 23:29 |

### Senioren M65

|    |     |               |      |   |     |              |       |
|----|-----|---------------|------|---|-----|--------------|-------|
| 1. | 903 | Escher, Gerd  | 1947 | m | GER | TUS Köln rrh | 22:15 |
| 2. | 295 | Baasch, Peter | 1945 | m | GER | RRC Merzen   | 24:08 |
| 3. | 160 | Göpel, Volker | 1944 | m | GER | Pulheimer SC | 27:13 |

### Senioren M70

|    |     |                    |      |   |     |                      |       |
|----|-----|--------------------|------|---|-----|----------------------|-------|
| 1. | 367 | Kalweit, Siegfried | 1942 | m | GER | TSV Viktoria Mülheim | 24:17 |
| 2. | 901 | Schoss, Manfred    | 1938 | m | GER | LLG 80 Nordpark Köln | 26:01 |
| 3. | 76  | Möser, Wolfgang    | 1941 | m | GER | Alfterer SC          | 28:43 |

### Senioren M75

|    |     |                |      |   |     |                     |       |
|----|-----|----------------|------|---|-----|---------------------|-------|
| 1. | 895 | Schulze, Willi | 1936 | m | GER | Ski Club Düsseldorf | 33:21 |
|----|-----|----------------|------|---|-----|---------------------|-------|

### männliche Jugend U20

|     |     |                     |      |   |     |                         |       |
|-----|-----|---------------------|------|---|-----|-------------------------|-------|
| 1.  | 925 | Kreitner, Max       | 1994 | m | GER | TUS Köln rrh            | 17:32 |
| 2.  | 924 | Kreitner, Jan       | 1994 | m | GER | TUS Köln rrh            | 18:28 |
| 3.  | 907 | Schaufenberg, Robin | 1993 | m | GER | DJK Novesia Neuss       | 18:49 |
| 4.  | 922 | Aygan, Deniz        | 1993 | m | GER | Dürener TV 1847         | 18:56 |
| 5.  | 346 | Ixkes, Dennis       | 1994 | m | GER | SG Neukirchen-Hülchrath | 20:27 |
| 6.  | 342 | Hintzen, Dominik    | 1994 | m | GER | SG Neukirchen-Hülchrath | 23:42 |
| 7.  | 336 | Meier, Arne         | 1993 | m | GER | SG Neukirchen-Hülchrath | 24:03 |
| 8.  | 335 | Bayer, Christian    | 1994 | m | GER | SG Neukirchen-Hülchrath | 24:13 |
| 9.  | 348 | Deckers, Domenic    | 1994 | m | GER | SG Neukirchen-Hülchrath | 24:34 |
| 10. | 931 | Hahn, Markus        | 1994 | m | GER | SG Neukirchen-Hülchrath | 24:37 |
| 11. | 932 | Korol, Christian    | 1994 | m | GER | SG Neukirchen-Hülchrath | 25:11 |
| 12. | 340 | Titze, Laurin       | 1994 | m | GER | SG Neukirchen-Hülchrath | 25:12 |
| 13. | 337 | Hug, Alex           | 1993 | m | GER | SG Neukirchen-Hülchrath | 25:16 |
| 14. | 338 | Hummel, Fabian      | 1993 | m | GER | SG Neukirchen-Hülchrath | 25:28 |
| 15. | 330 | Konopka, Michael    | 1993 | m | GER | SG Neukirchen-Hülchrath | 26:18 |
| 16. | 334 | Panzer, Kai         | 1994 | m | GER | SG Neukirchen-Hülchrath | 27:34 |
| 17. | 345 | Mete, Osman         | 1994 | m | GER | SG Neukirchen-Hülchrath | 29:05 |



# Energie Cross Neukirchen

## Ergebnisliste AK



| AK-Pl.                      | Startnr. | Name               | Jahrg. | m/w | Nat. | Team/Verein             | Zeit  |
|-----------------------------|----------|--------------------|--------|-----|------|-------------------------|-------|
| <b>männliche Jugend U18</b> |          |                    |        |     |      |                         |       |
| 1.                          | 899      | Düsberg, Paul      | 1995   | m   | GER  |                         | 20:46 |
| 2.                          | 343      | Gudenkauf, Dominik | 1995   | m   | GER  | SG Neukirchen-Hülchrath | 22:24 |
| 3.                          | 350      | Shiwa, Bob         | 1996   | m   | GER  | SG Neukirchen-Hülchrath | 24:20 |
| 4.                          | 331      | Röbers, Pascal     | 1995   | m   | GER  | SG Neukirchen-Hülchrath | 24:38 |
| 5.                          | 344      | Jahn, Dominik      | 1995   | m   | GER  | SG Neukirchen-Hülchrath | 25:46 |



VORWEG GEHEN

